



Universität Hamburg

DER FORSCHUNG | DER LEHRE | DER BILDUNG

PIASTA

UNIVERSITÄTSKOLLEG

# PIASTA PROGRAM WINTER SEMESTER 2019/20

ENGLISH





**Welcome to PIASTA!**

**Welcome to the Universitätskolleg!**

Dear Students and Doctoral Students,

The PIASTA program is one of the many ways that we show our commitment to the internationalization of the campus. We offer many opportunities for you to get involved in intercultural exchange, actively participate in programs, and receive support during your studies – with the aim of ensuring that all students (international and German) have a successful, productive, and international academic career. No matter what you study, how far along you are in your study program or what language you speak – we are looking forward to enjoying an exciting and diverse program with you.

PS: It is possible to write in a way that doesn't discriminate. When we address you as "students," we use gender-inclusive language. When we are referring to all students, we purposely avoid using the masculine pronoun "he." We write to include all gender identities and sexual orientations.

## What we offer ...

### **A VARIETY OF WELCOME PROGRAMS** P. 12

Everything you need for a good start at Universität Hamburg!

### **LANGUAGE AND CULTURAL EXCHANGES** P. 16

Improve your language skills and discover new perspectives with a language tandem partner or in a group at a PIASTA Language Café!

### **INTERCULTURAL PIASTA EVENINGS** P. 22

Every Wednesday evening throughout the semester, PIASTA offers interesting topics, international food, and an opportunity to meet a lot of nice people. Why not join us?

### **CULTURAL EVENTS AND LEISURE ACTIVITIES** P. 32

Enjoy culture and diversity, discover Hamburg and the surrounding area, and get to know new people. Get involved!

### **ACTIVITIES FOR GRADUATE STUDENTS** P. 48

Improve your research skills, get to know people from your field, and discover Hamburg together!

### **SEMINARS AND WORKSHOPS** P. 56

Gain important academic skills in a relaxed atmosphere!

### **INFORMATION AND ADVISING** P. 76

Request support with any legal, administrative, or psychological issues related to your studies.

### **CERTIFICATE INTERCULTURAL COMPETENCE (CIC)** P. 80

The CIC promotes an international approach to studying and encourages involvement in intercultural activities. Register now!

Further opportunities offered by the  
Universitätskolleg can be found at:  
**[www.universitaetskolleg.uni-hamburg.de](http://www.universitaetskolleg.uni-hamburg.de)**

We wish you a great start to the semester!

*Your PIASTA Team*

## TABLE OF CONTENTS

<b>Registration</b> .....	5
<b>Calendar</b> .....	6
<b>Welcome Buddy Program</b> .....	12
<b>Language and Cultural Exchanges</b> .....	16
<b>Intercultural PIASTA Evenings</b> .....	22
<b>Cultural Events and Leisure Activities</b> .....	32
Discover Hamburg .....	32
Excursions and Activities .....	37
Intercultural Experiences .....	41
<b>Activities for Graduate Students</b> .....	48
Workshops .....	48
Excursions and Activities .....	49
<b>Seminars and Workshops</b> .....	56
Effective Study Skills .....	56
Diversity Skills .....	60
IT Skills .....	69
Advising and First Career Steps .....	71
<b>Information and Advising</b> .....	76
Information and Advising for International Students .....	76
Advising for the Certificate Intercultural Competence and Outgoing Students .....	80
<b>Our Services for You</b> .....	84
News .....	85
Cooperation .....	87
Map .....	89
Legal Notice .....	90

## REGISTRATION

The first registration period starts on 13.10.2019 at 12 noon  
(for events that take place between 19.10.2019–30.11.2019)

The second registration period starts on 24.11.2019 at 12 noon  
(for events that take place between 06.12.2019–09.02.2020)

### RECENT CHANGES AND ONLINE REGISTRATION

[www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)



# PIASTA



## We're on Facebook and Instagram!

[www.facebook.com/PIASTA.Uni.Hamburg](http://www.facebook.com/PIASTA.Uni.Hamburg)

[www.instagram.com/piastauhh/](http://www.instagram.com/piastauhh/)

## CALENDAR

### WELCOME BUDDY PROGRAM

Welcome Buddy Program	<a href="http://www.uni-hamburg.de/welcome-buddy">www.uni-hamburg.de/welcome-buddy</a>	12
PIASTA's Welcome Buddy Reception (en)	Wed, 16.10.2019	13

### LANGUAGE AND CULTURAL EXCHANGES

PIASTA Language Tandem and PIASTA Culture Tandem	<a href="http://www.uni-hamburg.de/tandem">www.uni-hamburg.de/tandem</a>	16
PIASTA Language Café	<a href="http://www.uni-hamburg.de/sprachcafe">www.uni-hamburg.de/sprachcafe</a>	18

### INTERCULTURAL PIASTA EVENINGS

Gods and Scoundrels: The Vastness of Greek Mythology (de/en)	Wed, 23.10.2019	22
Cities of the Future (de/en)	Wed, 30.10.2019	23
Kia Ora – New Zealand (de/en)	Wed, 06.11.2019	23
Wake Me Up Before You Go-Go: The Most Exquisite Bean in the World (de/en)	Wed, 13.11.2019	24
The Word PIASTA Tastes Especially Sweet! (de/en)	Wed, 20.11.2019	24
नमस्ते। तपाईंलाई नेपालमा स्वागत छ – Namaste and Welcome to Nepal (de/en)	Wed, 27.11.2019	25
Short Films with a Long History (de/en)	Wed, 04.12.2019	25
How IT Came to Be (de/en)	Wed, 11.12.2019	26
Iceland – Land of Ice and Fire (de/en)	Wed, 18.12.2019	26
From Russia with Love (de/en)	Wed, 08.01.2020	27
Are You Still Studying or Already Procrastinating? (de/en)	Wed, 15.01.2020	27
Sailing to the Eastern Mediterranean (de/en)	Wed, 22.01.2020	28
Eid Mubarak! Veseloy Maslenizi! Happy Mardi Gras! (de/en)	Wed, 29.01.2020	28

### CULTURAL EVENTS AND LEISURE ACTIVITIES

#### Discover Hamburg

Smaller is Better – A Visit to Miniatur Wunderland (de/en)	Sat, 19.10.2019	32
Tour of Ohlsdorf Cemetery (en)	Sat, 26.10.2019	33
Recycling and Sustainability? Yes, at Georgswerder Energy Hill! (en)	Sat, 02.11.2019	33
The Women Who Shaped Hamburg's History (en)	Sun, 03.11.2019	34
What Makes Hamburg So Special? A Visit to the Altonaer Museum (en)	Sat, 09.11.2019	34
"Merry Christmas, Everywhere!" – Christmas Market Tour with PIASTA! (de/en)	Sat, 14.12.2019	35

Modern Spray Art Meets Historical Charm – Hamburg-Harburg (en)	Sat, 18.01.2020	35
A Journey through the Animal Kingdom – Outing to the Zoological Museum (en)	Sun, 19.01.2020	36
World on the Move – Visit to the Emigrant Museum (en)	Sun, 26.01.2020	36
<b>Excursions and Activities</b>		
Eisboßeln – Experience a Real Northern German Tradition! (de/en)	Sun, 10.11.2019	37
Shampoo, Cream, and the Like? Do It Yourself! (de/en)	Sat, 16.11.2019	37
Forget Everyday Worries on the Climbing Wall (de/en)	Sun, 17.11.2019	38
As in Ancient Times – Discover the Art of Pottery (de/en)	Sat, 23.11.2019	38
Gliding through the Winter – Ice-Skating with PIASTA (de/en)	Sun, 24.11.2019	39
Visit to the Christmas Market in Bergedorf (de/en)	Thu, 28.11.2019	39
Historical Christmas Market in Lüneburg (de/en)	Sat, 07.12.2019	40
En Garde! Let's Fence! (de/en)	Sat, 25.01.2020	40
<b>Intercultural Experiences</b>		
Cinema for All – Hamburg International Queer Film Festival (en)	Sun, 20.10.2019	41
It's Getting Spooky! – Pumpkin Carving for Halloween (de/en)	Sun, 27.10.2019	41
Communication Lecture Meets Theater Performance (de)	Sat, 30.11.2019	42
Take in the Sounds of Christmas ... (de/en)	Sun, 01.12.2019	42
"Nibble, Nibble, Little Mouse" – Gingerbread House Competition (de/en)	Sun, 08.12.2019	43
At the Christmas Bakery – Baking Christmas Cookies (de/en)	Sun, 15.12.2019	43
Dialogue? Even in the Dark! (en)	Sat, 11.01.2020	44
Bringing Intercultural Experiences to Life: Creative Writing (en)	Sun, 12.01.2020	44
They See Me Rollin' – Vietnamese Rolls! (de/en)	Sat, 01.02.2020	45
FlohZinn Flea Market: Those Who Seek Find (de/en)	Sun, 02.02.2020	45
<b>ACTIVITIES FOR GRADUATE STUDENTS</b>		
<b>Workshops</b>		
Creating a Research Poster in PowerPoint (for Beginners) – Peer to Peer (en)	Thu, 07.11.2019	48
Writing Successfully – Peer to Peer (en)	January 2020	49

## Excursions and Activities

Fresh from the Bakery – Baking in an Historic Wood-Fired Oven (en)	Sat, 26.10.2019	49
Let Your Inner Sherlock Out! Escape Room (en)	Sat, 09.11.2019	50
Human Dignity is Inviolable: Basic Law (en)	Tue, 12.11.2019	50
Coffee, Rolls, Fruit, and More – a German Breakfast (en)	Sat, 16.11.2019	50
Bouldering – Doing Sports in the Winter Months! (en)	Tue, 19.11.2019	51
Visiting a Vietnamese Pagoda (en)	Sat, 07.12.2019	51
A Christmas Evening Together (en)	Sat, 14.12.2019	52
Invigorated in January: Kaffeemuseum Burg (en)	Sat, 18.01.2020	52
Pho: The Story a Soup Can Tell (en)	January 2020	53
A Bit of Summer – Beach Volleyball in January! (en)	January 2020	53

## SEMINARS AND WORKSHOPS

### Effective Study Skills

English Connect and Recharge: Speaking English with Confidence (en)	Thu, 07.11.2019 and Fri, 08.11.2019	56
Academic Writing in English (de)	Fri, 15.11.2019 and Fri, 22.11.2019	57
Presenting with Confidence in German (de)	Fri, 29.11.2019 and Sun, 01.12.2019	57
Study Strategies and Time Management (en)	Thu, 05.12.2019	58
From Word to Image: Efficient and Successful Presentations (de)	Fri, 06.12.2019	58
The Art of Quoting (de)	Fri, 17.01.2020	59

### Diversity Skills

Critical Whiteness (de/en)	Thu, 24.10.2019 and Fri, 25.10.2019; Sat, 23.11.2019 and Sun, 24.11.2019	61
Coming Home: Intercultural Workshop after Your Study Abroad (de)	Sat, 26.10.2019 and Sun, 27.10.2019	62
Intercultural Awareness Training (de/en)	Sat, 09.11.2019 and Sun, 10.11.2019; Sat, 18.01.2020 and Sun, 19.01.2020	63
Intercultural Preparation for Outgoing Students (de)	Sat, 16.11.2019 and Sun, 17.11.2019	64
Majority? Minority? Diversity! A Question of Perspective (de)	Sat, 07.12.2019 and Sun, 08.12.2019	65
Empowerment Workshop for Black Students and Students of Color (de)	Fri, 13.12.2019 and Sat, 14.12.2019	66
Effective Communication Across Cultures – Leading Discussions (de)	Sat, 25.01.2020 and Sun, 26.01.2020	67



IT Skills		
Excel for Beginners (de/en)	Sat, 02.11.2019 and Sun, 03.11.2019; Sat, 07.12.2019 and Sun, 08.12.2019	69
Word for Academic Papers (de)	Sat, 30.11.2019 and Sun, 01.12.2019	69
Advanced Excel (de)	Sat, 14.12.2019 and Sun, 15.12.2019	70
Advising and First Career Steps		
Survival Training: Visa and Residency (de/en)	Fri, 18.10.2019	71
Challenges in Your Studies – Discussion Round for International Students (de/en)	Thu, 21.11.2019; Thu, 12.12.2019; and Thu, 23.01.2020	72
Strategic Planning for Your Career (en)	Fri, 24.01.2020	73

INFORMATION AND ADVISING		
For International Students (Incoming Students)		
Information Booklet: To-Dos for New Students	<a href="http://www.uni-hamburg.de/neuestudierende">www.uni-hamburg.de/neuestudierende</a> (PDF)	76
Information Booklet: Residency Laws	<a href="http://www.uni-hamburg.de/aufenthalt">www.uni-hamburg.de/aufenthalt</a>	76
Advice for International Students on Residency and Social Matters (de/en)	Tue, 1:30–3:30 pm, Rentzelstraße 17; Thu, 3:30–5 pm, Campus Center; and by appointment	77
Legal Advice for International Students (de/en)	07.10.2019, 21.10.2019, 04.11.2019, 18.11.2019, 02.12.2019, 16.12.2019, 06.01.2020, 20.01.2020, 03.02.2020	78
Psychological Counseling for International Students (de)	By appointment only	78
Advice on Scholarships for International Students (de/en)	<a href="http://www.uni-hamburg.de/internationales/kontakt">www.uni-hamburg.de/internationales/kontakt</a>	79
On the Certificate Intercultural Competence and for Outgoing Students		
Information and Advice on Acquiring the Certificate Intercultural Competence (CIC) (de/en)	<a href="http://www.uni-hamburg.de/cic">www.uni-hamburg.de/cic</a>	80
Information and Advice on Studying Abroad (de)	<a href="http://www.uni-hamburg.de/outgoing">www.uni-hamburg.de/outgoing</a>	80
Doing an Internship Abroad through Erasmus+ (de/en)	<a href="http://www.uni-hamburg.de/erasmus">www.uni-hamburg.de/erasmus</a>	81





# WELCOME BUDDY PROGRAM

# PIASTA WELCOME BUDDY PROGRAM

The PIASTA Welcome Buddy Program aims to help newly enrolled international students get off to a good start with their studies and everyday life in Hamburg. We match up each international student (Incoming Buddy) with a current Hamburg student (Welcome Buddy), who can make the international student's arrival easier and help them to find their bearings in Hamburg and at the University.

## Who can apply?

- New international students: all new students from abroad who will be studying at Universität Hamburg either as exchange students (e.g., Erasmus) or international students who will be completing their entire degree program (BA, MA) or doctorate at the University.
- Hamburg students: all students (either German or international students) enrolled at Universität Hamburg in at least their second semester. Hamburg Buddies are welcome to participate in the program multiple times.

Interested students with questions about the program or the responsibilities of a buddy, or buddies with difficulties – taking care of formalities at the local authorities, for example – are welcome to drop by during our weekly office hours.

---

**INFORMATION** Registration and additional information at:  
[www.uni-hamburg.de/welcome-buddy](http://www.uni-hamburg.de/welcome-buddy)

---

**OFFICE HOURS** Tuesday, 4–5 pm (please sign up for an appointment in advance by email)

---

**PLACE** You will be notified when you make an appointment.

---

**CONTACT** Annika Johannsen, Tel: +49 40 42838-7245,  
Email: [annika.johannsen@uni-hamburg.de](mailto:annika.johannsen@uni-hamburg.de)

---

**LANGUAGES** German/English

---

## PIASTA'S WELCOME BUDDY RECEPTION

Herzlich willkommen! Welcome! ДОБРО ПОЖАЛОВАТЬ 歓迎される – no matter what languages you speak, at this event we want to hear all of them and welcome all of you. PIASTA invites you to the Welcome Buddy Reception, where you can meet old and new students from around the world. We are also very happy to again welcome Erasmus students and Welcome Buddies! Join us and find out who everyone is that you'll be starting the semester with. We can't wait to meet you!

---

**DATE** Wed, 16.10.2019, 6–9:30 pm

---

**PLACE** Cafeteria, Mittelweg 177, 20148 Hamburg

---

**LANGUAGE** Short presentation in English, rest of the event multilingual

---





**LANGUAGE  
AND CULTURAL  
EXCHANGES**

# LANGUAGE AND CULTURAL EXCHANGES

Are you interested in languages and other cultures? PIASTA offers you many opportunities to learn and practice a new language and at the same time meet people from many different cultures.

## PIASTA LANGUAGE TANDEM AND PIASTA CULTURE TANDEM

### What is a Language Tandem?

When two students meet to teach each other their native languages. For example, if your native language is Spanish and you would like to improve your German, we match you up with a tandem partner whose native language is German who would like to learn Spanish!

It goes without saying that tandem partners also learn about one another's native countries, but the main goal is to improve language skills. Both participants should have sound basic knowledge of the foreign language and both languages should be practiced equally (e.g., one hour per language).

Language tandems are an opportunity to put your language skills into practice as well as to meet new people and find out more about their country and culture.

### What is a Culture Tandem?

When two students meet in a cultural exchange – while they might not always improve their language skills, they can learn a lot from one another. For example, if a student from Kyrgyzstan and a student from Germany meet, they can talk in German and find out if it is possible to explore Kyrgyzstan on foot, what German families do at Christmas, how to make “plov,” or what their favorite children's books were. Even though the focus is on intercultural exchange, a German student might just pick up a few words of Kyrgyz!

Use culture tandems as an opportunity to discover a new world. Contact with people from other countries you know very little about can reveal new worlds and perspectives worthy of exploration!



### **How do I find a tandem partner?**

Just go to our website and register online. We will notify you as soon as we find a suitable partner. Registration: [www.uni-hamburg.de/tandem](http://www.uni-hamburg.de/tandem)

### **Where do tandem partners meet?**

You meet the partner we have matched you with for two hours a week. You can meet wherever you like (e.g., in the student cafeteria or a café).

### **Language Tandem and Certificate Intercultural Competence**

If you document your learning curve in your Tandem Learning Diary, we confer a certificate of participation when you finish. This will be recognized as “Component C: International Campus of the CIC – Certificate Intercultural Competence.”

More information is available here: [www.uni-hamburg.de/cic](http://www.uni-hamburg.de/cic)

---

**TANDEM** Registration and information about the Language Tandem and Culture Tandem: [www.uni-hamburg.de/tandem](http://www.uni-hamburg.de/tandem)

---

**CIC** Registration and information about the CIC  
[www.uni-hamburg.de/cic](http://www.uni-hamburg.de/cic)

---

## PIASTA LANGUAGE CAFÉ

¡Hola! Ciao et bonjour! Are you learning a language and looking for an opportunity to practice and speak outside of the classroom? Or perhaps you are a native speaker and would enjoy speaking in your native language for a change? If so, we invite you to visit one of our language cafés.

Like a café, a language café is a meeting place where you can simply drop by. Just order a tea or coffee, join the others at the table, and in no time at all you'll be talking about this and that in a comfortable setting. The sessions are led by native speaking volunteers. They'll be sure to get the conversation going. And if you can't think of the right word in the target language, they'll be glad to help.

It doesn't cost anything to participate in the language cafés, and you don't even have to register – just drop by! This is a great opportunity to try out and improve your language skills while you enjoy a cup of coffee and meet new people. We can't wait to meet you!

---

**INFORMATION** In the winter semester, we are planning to offer language cafés in the following languages: German, English, French, Italian, and Spanish.

---

**DATES** The dates for the winter semester 2019/20 language cafés will be announced in the first week of lectures at: [www.uni-hamburg.de/languagecafe](http://www.uni-hamburg.de/languagecafe)  
The language cafés begin in the second week of lectures.

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**TARGET GROUP** If you would like to be a volunteer coordinator for a language café in your native language, please send an email to: [Xiju.yang@verw.uni-hamburg.de](mailto:Xiju.yang@verw.uni-hamburg.de)

---

**COORDINATION** If you would like to be a volunteer coordinator for a language café in your native language, please send an email to [piasta@uni-hamburg.de](mailto:piasta@uni-hamburg.de).

---

Leading a language café can be recognized as Component C of the Certificate Intercultural Competence (CIC).



**NEW**

## **IN THE PIASTA PROGRAM! CULTURE TANDEM**

Use culture tandems as an opportunity to discover a new world. Contact with people from other countries you know very little about can reveal new worlds and perspectives worthy of exploration!

Just go to our website and register online. We will notify you as soon as we find a suitable partner.

**ALSO IN THE PROGRAM:**

## **LANGUAGE TANDEM**

When two students meet to teach each other their native languages!

Language tandems are an opportunity to put your language skills into practice as well as to meet new people and find out more about their country and culture.

**[WWW.UNI-HAMBURG.DE/TANDEM](http://WWW.UNI-HAMBURG.DE/TANDEM)**





**INTERCULTURAL  
PIASTA EVENINGS**

# INTERCULTURAL PIASTA EVENINGS

Every Wednesday from 6 to 9:30 pm!

The intercultural tutor team would like to invite you to take part in our Intercultural PIASTA Evenings every Wednesday throughout the semester. Each evening will focus on a new and interesting topic. And at each event, you will have the opportunity to get to know new people, try foods from around the world, and engage in cultural exchange. We can't wait to meet you!

## GODS AND SCOUNDRELS: THE VASTNESS OF GREEK MYTHOLOGY

DE EN

Who didn't see Disney's Hercules movie when it came out? Hades with his flaming hair, the three old sisters, called Graeae, who indolently share one eye and can cut the silk thread of life as they please. And what do these Graeae have to do with the fact that it finally cost Medusa her head (and its snakes)? How close is Disney's cinematic portrayal to the Greek original?

Zeus is also an interesting case for closer examination. He is the father of the gods, above all lover of many goddesses and mortals – and the husband of his sister Hera. In Greek mythology, there are many questionable relationships between relatives; you only have to think of Oedipus or his female version Electra.

There is much to tell about the Greek myths. Stop by and take part in fun games, interesting stories, and of course divine food.

---

**DATE** Wed, 23.10.2019, 6–9:30 pm

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**LANGUAGE** Short presentations in German and English,  
multilingual event

---

## CITIES OF THE FUTURE

In 2010 half of the population lived in cities; in 2050 it will be about 70–75%. This presents cities and metropolitan regions with big challenges. In addition, social challenges such as energy supply, climate protection, and the problem of an aging society have to be tackled. Today, there are already many megacities in Asia and Latin America that offer an outlook on the future in other regions.

The cities of tomorrow are being planned and implemented now. There are huge skyscrapers being built in the sea, or the megacity Neom in Saudi Arabia being built in the desert, which will cover a total area of 26,500 km<sup>2</sup> – almost as large as all of Mecklenburg-West Pomerania! Come by and see what the future holds.

---

**DATE** Wed, 30.10.2019, 6–9:30 pm

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**LANGUAGE** Short presentations in German and English, multilingual event

---

## KIA ORA – NEW ZEALAND

Come with us on a trip to the Land of the Long White Cloud! You don't know where that is? In the Pacific Ocean southeast of Australia. Still no idea? – New Zealand, of course! At the very latest since the mega success of the “Lord of the Rings” and “The Hobbit” trilogies, the world of the kiwis has become internationally famous, and each year sees more and more backpackers and people looking for a new way of life join the almost five million inhabitants and over 30 million sheep. The British colonial influence is seen not only in the cuisine of New Zealand, but also clearly in its sports. In addition to soccer and cricket, the national rugby team is known throughout the world for its famous war dance, the haka.

Come along, discover New Zealand, find out how Ninety Mile Beach got its name, and learn to do the haka dance!

---

**DATE** Wed, 06.11.2019, 6–9:30 pm

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**LANGUAGE** Short presentations in German and English, multilingual event

---

## WAKE ME UP BEFORE YOU GO-GO: THE MOST EXQUISITE BEAN IN THE WORLD

DE EN

Did you know that the aromatic coffee bean is among the most commonly traded commodity in the world – second only to gold? In the Global North, coffee consumption has become a trend and an everyday commodity. But what are the differences to the way coffee is consumed in the Global South? What determines the quality of coffee and how do you make the perfect cup? With a French Press, a filter coffee pot, or maybe just with the new instant coffee packets? And anyway, why is everyone drinking cold brew coffee on Instagram?

We will quench your thirst for knowledge and of course let you try several varieties of this “miracle tonic.” Immerse yourself in the (sometimes dark) world of coffee and also learn why Fair Trade is perhaps not the fairest trade to support if you care about social justice and enjoying responsibly.

---

**DATE** Wed, 13.11.2019, 6–9:30 pm

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**LANGUAGE** Short presentations in German and English, multilingual event

---

## THE WORD PIASTA TASTES ESPECIALLY SWEET!

DE EN

“Friday has such a beautiful color,” “The sound of the piano tastes a bit bitter,” or “The color red pricks me slightly on my left hand.” – Sounds bizarre? Maybe at first, but these are common examples that synesthetes report experiencing!

When people read something, most of them perceive the letters black on white with their sense of sight. But there are also people who experience external stimulation through more than one sensory sensation. For them, the sounds of music have different colors and shapes, and letters and numbers can even be felt.

This particular physiological phenomenon isn’t a disease, although it may occur as a result of a disease – and it is often inherited. For most synesthetes, this is by no means a pathological disorder, but an additional superpower! So come to PIASTA and learn more about this interesting ability, how and why it occurs, how many people are affected, and how they live with it!

---

**DATE** Wed, 20.11.2019, 6–9:30 pm

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**LANGUAGE** Short presentations in German and English, multilingual event

---



## नमस्ते। तपाईंलाई नेपालमा स्वागत छ –

### NAMASTE AND WELCOME TO NEPAL

DE EN

A small country at the foot of the Himalayas with a great variety of cultures, languages, ethnicities, and experiences. Nepal is proud of its independence from colonial influence and sees itself as the birthplace of Buddha. It is shaped by the rare close connection between Hinduism and Buddhism, one that can hardly be found anywhere else. The country is naturally diverse with the Himalayas in the north and the tropical lowlands in the south that are known for their rich flora and fauna. The Sagarmatha (Mount Everest) is a national identity symbol both within and outside the country, and along with other landmarks attracts thousands of people to the highest mountains in the world. The national cuisine has great variety, as it is influenced by Tibet, which borders on the north, as well as India, its big neighbor to the south. Come and experience the cultural diversity of Nepal with us!

---

**DATE** Wed, 27.11.2019, 6–9:30 pm

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**LANGUAGE** Short presentations in German and English, multilingual event

---

### SHORT FILMS WITH A LONG HISTORY

DE EN

Short, shorter, short film. What was virtually standard in the early days of film is today rather avant-garde. The short film. At the end of the nineteenth century, films were hardly longer than 30 minutes – today they are so long that we can hardly stay sitting until the end of the credits. But the short film is far from dead. It offers many opportunities for experimentation, and after the Second World War an increasing number of filmmakers began working with new forms. They revolutionized the industry and experimental cinema experienced its heyday in the 1960s. Thanks to a growing number of international festivals and prizes, modern short films are receiving great recognition for their artistic presentation. They are also a standard vehicle for commercial business, as shown by music videos and advertising. At this evening event, we will show you significant short films that have broken through film conventions, and we will discuss their style and the topics they deal with.

An evening with short films, popcorn, and good company. Join us – we can't wait to meet you!

---

**DATE** Wed, 04.12.2019, 6–9:30 pm

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**LANGUAGE** Short presentations in German and English, multilingual event

---

## HOW IT CAME TO BE

Life in 2019 would be unthinkable without “it.” Our everyday life is shaped by it – our communication, our finances, travel, politics, news, shopping, and studies. More and more is connected with it or inseparable from it. We are, of course, talking about nothing other than the Internet. The Internet has transformed many practical aspects of our lives, and it has produced a wide range of cultures that can be consumed worldwide: vines and memes, “the Internet of Things,” a gamer culture, and hacktivism ... After all, it has produced a whole new generation, the “digital natives.” Despite its rich history and rapid development, the Internet hasn’t been around that long. But what do you actually know about “the Internet”? How does it work? Where did it come from? At this evening event, we will take a closer look at the World Wide Web, and some of you will be surprised to learn new things about it that you hadn’t previously known.

**DATE** Wed, 11.12.2019, 6–9:30 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**LANGUAGE** Short presentations in German and English, multilingual event

## ICELAND – LAND OF ICE AND FIRE

A tourist boom has gripped Iceland in recent years and PIASTA wonders why so many people are flocking to this small island in the middle of the North Atlantic. The answer is probably as varied as the landscape of this country: volcanoes, fjords, waterfalls, geysers, beaches, glaciers, lava, and many other natural sights ... Despite its name, Iceland has much more to offer than just frozen water. In winter, the nights are long. In summer, however, you can experience the midnight sun and hours of sunsets and sunrises.

And the people of Iceland are considered to be very poetic. The Icelandic sagas are one of the most impressive genres of European medieval literature. This is also reflected in the popularity of books. Reykjavik, Iceland’s capital, has the highest number of bookstores per person in the world, and as many as ten percent of the Icelanders write a book at some time in their lives. So it’s not surprising that the belief in trolls and elves is widespread in Iceland; this way, there can be some fantasy novels among all of the books. If you want to discover more about the wonders and contrasts of this charming island, come to PIASTA and travel with us to the land of fire and ice!

**DATE** Wed, 18.12.2019, 6–9:30 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**LANGUAGE** Short presentations in German and English, multilingual event

## FROM RUSSIA WITH LOVE

Russia – a country almost as big as Pluto and famous for its hospitality and its food with names you can't pronounce. This large country, which lies in Europe and Asia, is home to countless nationalities and languages. The geographical landscape is also very diverse – there is everything – deserts, plains, mountains, taiga forests, and even some beaches. At this evening event, we will discuss clichés and stereotypes about Russia and learn more about contemporary society. We will experience how the communist past affects the present, and of course we'll try some delicious traditional food!

**DATE** Wed, 08.01.2020, 6–9:30 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**LANGUAGE** Short presentations in German and English, multilingual event

## ARE YOU STILL STUDYING OR ALREADY PROCRASTINATING?

So much planned, so little done ... A huge to-do list, upcoming deadlines, submitting term papers, but first let's clean the windows or quickly do the laundry ... so that you later end up saying: "I just work better under pressure ..." You're familiar with this phenomenon too, aren't you? Procrastination is a widespread problem. Why do we actually procrastinate? Are we all procrastinators or do only some of us suffer from this "disease"? If we are, what can we do about it? We'll pursue all of these questions at this evening event – or not and we'll procrastinate even more, who knows ... Come to PIASTA and step into the world of procrastination!

**DATE** Wed, 15.01.2020, 6–9:30 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**LANGUAGE** Short presentations in German and English, multilingual event

## SAILING TO THE EASTERN MEDITERRANEAN

ماشلا دالب يف مكب الءأ – Welcome to Bilad al-Sham

Bilad al-Sham, the Levante, and Great Syria are all historical and geographical names for the countries on the eastern Mediterranean. As a land link between Africa and Eurasia, the Levant was inhabited by many ancient peoples. This area is also the origin of one of the oldest alphabets in the world: Ugarit. From the Church of the Holy Sepulchre and the Wailing Wall to the Al-Aqsa and Umayyad Mosques, this geographical area has a deep, far-reaching religious significance. Come to PIASTA so that we can sail there together and discover the diverse natural landscapes, learn more about the countries' historical, political, and religious significance, and get to know these as previous colonial countries!

**DATE** Wed, 22.01.2020, 6–9:30 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**LANGUAGE** Short presentations in German and English, multilingual event

## EID MUBARAK! VESELOY MASLENIZI! HAPPY MARDI GRAS!

Have you ever wondered what celebration is commonly known as the “sugar feast”? Do you know what Fat Tuesday is or are you perhaps even familiar with Maslenitsa, which is also called Butter Week?

At first glance, these expressions sound like a sale week at a discount grocery store, but in fact they describe three different festivals that are celebrated by three different cultures at almost the same time.

Baklava, blini, and bacon are served. With çay, chai, or cocktails. For the one, participants put on the flashiest costumes they have; at the other they go to a masquerade; and at the third they don their orthodox clothing.

What do these festivals have in common? How long are they celebrated? Which cultures celebrate what exactly? At this PIASTA evening, find out more about these festivals and how the various cultures celebrate in similar ways before Lent, but also about the traditions that are unique to each.

**DATE** Wed, 29.01.2020, 6–9:30 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**LANGUAGE** Short presentations in German and English, multilingual event



## PROMOTING CAREERS!

### HELPING YOU TRANSITION TO A CAREER THE CAREER CENTER HELPS STUDENTS AND GRADUATES:

- identify their potential
- define and redefine their professional goals
- develop career strategies
- make career decisions
- start and develop their careers
- contact, communicate, and cooperate with organizations and companies

We offer workshops, lecture series and discussion forums, counseling, career days, an information pool, and a virtual landscape for professional orientation.

Onwards and upwards with courage and self-confidence!

[www.uni-hamburg.de/  
career-center](http://www.uni-hamburg.de/career-center)







**CULTURAL EVENTS  
AND LEISURE  
ACTIVITIES**

# CULTURAL EVENTS AND LEISURE ACTIVITIES

Discover Hamburg and its surroundings in small groups – whether by foot, bike, train, or bus – on tours, excursions, and day trips. In addition to the usual sightseeing destinations for those new to Hamburg, we have also put together a program of events and activities of historical, (inter)cultural, and (inter)religious interest. We place special value on meeting others and engaging in cultural exchange in groups.

**The DAAD provides a large portion of the funding for our program. However, to cover all of the costs, we charge a small registration fee for the excursions and activities. The amount will be published online well in advance.**

Not all of our events are accessible for people with disabilities. However, it is important for us to make them accessible to as many students as possible. If you have special needs, please contact us at [piastakultur@uni-hamburg.de](mailto:piastakultur@uni-hamburg.de), and we will try to make your participation possible.

## DISCOVER HAMBURG

### SMALLER IS BETTER – A VISIT TO MINIATUR WUNDERLAND

DE EN

Miniatur Wunderland is the largest model railroad in the world. Visitors can experience a trip around the world on a smaller scale. And truly, a majority of the countries around the globe can be seen at Miniatur Wunderland. You can discover landscapes from Austria and Scandinavia, replicas of well-known Hamburg city districts, and landmarks from St. Michael's Church and Tierpark Hagenbeck to the international port. As a special highlight, you will get a fascinating peek behind the scenes of the small versions of Las Vegas, the Grand Canyon, and Mount Rushmore. After visiting the museum, we will relax and have a cup of coffee and share our thoughts about the experience. We can't wait to meet you!

---

**DATE** Sat, 19.10.2019, time tba online

---

**MEETING POINT** tba online well in advance

---

**ORGANIZER** tba online

---

**LANGUAGE** Multilingual event

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---



## TOUR OF OHLSDORF CEMETERY

Did you know that Hamburg has the largest park cemetery in the world? Covering 389 hectares of land, the cemetery is also the largest green area in the Hanseatic city.

There are even two bus lines that run through the cemetery, where many famous people as well as countless ordinary people rest. Although more than 1.2 million visitors come to this internationally renowned interdenominational cemetery every year, it remains Hamburg's quiet oasis. It is a place of contemplation that also possesses great cultural wealth – with over 800 sculptures and impressive garden architecture. Would you like to experience this unique place firsthand? Then don't think twice and join this guided tour of Ohlsdorf Cemetery, where you'll learn much more about Hamburg's Paradise Garden.

**DATE** Sat, 26.10.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Tour in English, rest of the event multilingual

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## RECYCLING AND SUSTAINABILITY? YES, AT GEORGSWERDER ENERGY HILL!

How will we shape our future? On a fun outing into the outdoors, we want to explore some aspects of this question. We'll visit Georgswerder Energy Hill in Wilhelmsburg together in the beautiful outskirts of Hamburg. Once upon a time, this place was a landfill that had been closed down. But over time it has become a green place and a symbol of sustainability. The Hill not only attracts visitors with its natural northern German beauty, it also opens up exciting prospects for the energy and recycling industry. Among other things, we will learn how nature's resources can be conserved and what our individual contribution to sustainable development can be. Let us explore ideas together that are relevant to the present and promising for the future!

**DATE** Sat, 02.11.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Tour in English, rest of the event multilingual

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## THE WOMEN WHO SHAPED HAMBURG'S HISTORY

EN

On this historical tour, you'll learn about the women who influenced Hamburg's history. The statues, street names, and fountains of the city show the changing role of women over the centuries. The tour will talk about maidservants, typists, merchants' wives, and philanthropists, as well as the "marriage market" on Jungfernstieg and the new professions for women, like switchboard operators. Have we sparked your interest? Then join us and don't miss out on this exciting tour of historical women!

**DATE** Sun, 03.11.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Tour in English, rest of the event multilingual

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## WHAT MAKES HAMBURG SO SPECIAL? A VISIT TO THE ALTONAER MUSEUM

EN

The Altonaer Museum, one of the largest regional museums in Germany, has presented the cultural history of northern Germany for more than 150 years now. Those interested in arts and crafts (e.g., historical toys), in seafaring, or in what life and work used to be like in the city and countryside will definitely enjoy their time at the Altonaer Museum. But there are also controversial topics here; urban development, refugees, migration, and inclusion are not new to the residents of Hamburg. We will find out how people have dealt with these issues throughout history and how their identity is connected to them. So come along with us to Altona and on a visit to the Altonaer Museum.

**DATE** Sat, 09.11.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Tour in English, rest of the event multilingual

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## “MERRY CHRISTMAS, EVERYWHERE!” – CHRISTMAS MARKET TOUR WITH PIASTA!

DE EN

We want to hit the Christmas markets together – just the thing for December! You can expect roasted chestnuts, hot apple cider, and deep-fried pastries. Everything the winter season has to offer! And maybe we'll be in such a good mood that we'll sing a few of the Christmas carols we hear as we pass by the market stands. Are you interested? Then come along with us and experience the captivating markets for yourself!

**DATE** Sat, 14.12.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## MODERN SPRAY ART MEETS HISTORICAL CHARM – HAMBURG-HARBURG

EN

Are you interested in street art and extraordinary architecture? Then don't miss the visit to the Wall of Fame and the subsequent tour through the city center of Harburg!

Thanks to the association GroßstadtRaum – Freier Raum für Kunst, the largest area for legal graffiti in Hamburg was created in the Harburg district in 2013. More than 100 sprayers and graffiti artists came to Hamburg from all over Germany to immortalize their work on the 500-meter-long sea wall. But you won't only find colorful street art in Harburg, there's also a diverse mix of the most different types of architecture. In the city center, for example, the sandstone town hall and nearby street called the Schloßstraße are particularly impressive.

Come with us and explore this district in Hamburg's southwest where the art of modernity and past centuries are united.

**DATE** Sat, 18.01.2020, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Tour in English, rest of the event multilingual

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## A JOURNEY THROUGH THE ANIMAL KINGDOM – OUTING TO THE ZOOLOGICAL MUSEUM

EN

Prepare yourself for an adventurous journey through biodiversity and evolutionary history! The Zoological Museum's collection includes about 10 million treasures for you to explore and experience close-up. The temporary special exhibitions are also worth a look!

Meet "Finni" with us, the 20-meter fin whale on exhibit in the museum. And if you can't get enough of this amazing specimen, you can also look at a 3D copy of the whale on the Finni app. In the multimedia lobby of the museum, you can also learn about the impact humans have had on animal species, the climate, and population development. With a mixture of technical means and fascinating exhibits, you will have fun exploring the world of animals and the history of evolution.

**DATE** Sun, 19.01.2020, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Tour in English, rest of the event multilingual

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## WORLD ON THE MOVE – VISIT TO THE EMIGRANT MUSEUM

EN

For centuries, people have been drawn to distant places. Many of them found a temporary home in the emigrant halls on the Elbe island of Veddel before they departed on their journey to the New World. Come with us on an interesting outing to the Emigration Museum on Hamburg's Veddel. Experience several centuries of immigration and emigration history, gain insight into distant countries, and find out what it was like to be on your way to a new home. We look forward to exploring this historical site with you!

**DATE** Sun, 26.01.2020, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Tour in English, rest of the event multilingual

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## EXCURSIONS AND ACTIVITIES

### EISBOßELN – EXPERIENCE A REAL NORTHERN GERMAN TRADITION!

DE EN

You've never heard of Eisboßeln? Then it's high time! In this traditional northern German team sport, a ball is thrown over a fixed distance with the goal being to take as few throws as possible. There are also traditional meals and drinks for the athletes. Take the opportunity to get to know the local culture better, a culture described by Theodor Storm in his novella "The Rider on the White Horse." Don't worry, you don't need any prior experience or expertise. We look forward to an exciting competition!

**DATE** Sun, 10.11.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

### SHAMPOO, CREAM, AND THE LIKE? DO IT YOURSELF!

DE EN

Today, machines can do almost everything for us and if we wanted to we could constantly buy new things. But there is simply no substitute for the feeling of having made something yourself and the uniqueness of do-it-yourself (DIY) projects. DIY projects made from recycled materials are particularly fitting for the present-day effort to create a more sustainable lifestyle. Come to our DIY workshop and get ideas on how you can use old objects to create something new! Maybe your project will even end up being a perfect Christmas present! We look forward to participating in this fun DIY event with you!

**DATE** Sat, 16.11.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## FORGET EVERYDAY WORRIES ON THE CLIMBING WALL

DE EN

Going up! Maybe you've always wanted to go climbing, but haven't yet had the time or motivation? Or have you already been climbing and would love to experience such lofty heights again? Then here's your chance, whether you're a newbie or an old hand. Secured by a rope, you can climb up to heights you've never experienced before and leave your everyday life behind on the ground for a while.

And since the adventurous thrill of this sport is sure to forge a bond between everyone taking part, you'll also be able to make new contacts for more adventures. You don't need any previous experience, you only need to have a good attitude, want to try out something new, and enjoy being active.

**DATE** Sun, 17.11.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## AS IN ANCIENT TIMES – DISCOVER THE ART OF POTTERY

DE EN

At our pottery event, you can get your hands dirty! We will visit a pottery workshop together, and you will have the opportunity to create your own masterpiece.

Creating pottery is one of the oldest handicrafts in the world. Hundreds of years ago, pottery was used as a useful everyday item, for example for storing food and beverages.

After a short introduction to material and pottery techniques, you can let your creativity run free. Working with clay is totally relaxing and leaves plenty of options for you to choose how to design your pieces.

Turn off your brain for a while, and in a group with other students find out what new talents you have.

**DATE** Sat, 23.11.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## GLIDING THROUGH THE WINTER – ICE-SKATING WITH PIASTA

DE EN

Ice-skating is a part of winter, just like ice cream is a part of summer. There is something for everyone – you can learn to enjoy ice-skating even more, spin pirouettes, or simply try it out.

And don't worry if the double lutz doesn't work so well at the beginning – the main thing is just to have a good time! We look forward to a fun outing with you!

**DATE** Sun, 24.11.2019, time tba online

---

**MEETING POINT** tba online well in advance

---

**ORGANIZER** tba online

---

**LANGUAGE** Multilingual event

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---

## VISIT TO THE CHRISTMAS MARKET IN BERGEDORF

DE EN

Where better to get into the spirit of the season than at a Christmas market? And one of Hamburg's best Christmas markets is in Bergedorf. Thousands of lights illuminate the rustic old town setting of Christmas market stands with gabled roofs. And even Bergedorf Castle is lit up by the festive lights. The scent of Christmas treats is in the air. And there is also an arts and crafts market, a special highlight this year. Don't miss the opportunity to be welcomed as a guest to this wonderful Christmas world.

**DATE** Thu, 28.11.2019, time tba online

---

**MEETING POINT** tba online well in advance

---

**ORGANIZER** tba online

---

**LANGUAGE** Multilingual event

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---

## HISTORICAL CHRISTMAS MARKET IN LÜNEBURG

DE EN

Winter in Germany wouldn't be what it is without Christmas markets. Many of you have probably already visited at least one of them, whether in Hamburg, Buxtehude, or Bremen. But have you been to the Christmas market in the Hanseatic city of Lüneburg, a city known for its salt trade? This winter PIASTA invites you on a journey back in time to the Middle Ages. The Christmas market in Lüneburg will take you back to the sixteenth century, not only with the Renaissance architectural style of the city, but also with farmers and craftsmen in traditional costumes selling handmade goods and food. Come with us and enjoy the beautiful holiday season in Germany!

**DATE** Sat, 07.12.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## EN GARDE! LET'S FENCE!

DE EN

Do you know much about the dynamic, elegant, precise, and fast-paced sport of fencing? Well, it's an exciting martial art with a long history. And before it was established as a sport, it was widely practiced in the form of duels. Fencing is a sport that you can start at (almost) any age, from six years old to over 60. And it's a lot easier than you might think. Curious? Then take part in this PIASTA event – Allez!

**DATE** Sat, 25.01.2020, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)



## INTERCULTURAL EXPERIENCES

### CINEMA FOR ALL – HAMBURG INTERNATIONAL QUEER FILM FESTIVAL

EN

Come with us to Germany's oldest and largest queer film festival – an event that attracts over 15,000 visitors to cinemas and other events in Hamburg! The spectrum of films presented ranges from cinematically sophisticated art house films to innovative mainstream movies. The festival places great value on tolerance toward other subcultures and gender identities in order to increase the awareness of diversity and discrimination. Of course, we want to be there!

**DATE** Sun, 20.10.2019, time tba online

---

**MEETING POINT** tba online well in advance

---

**ORGANIZER** tba online

---

**LANGUAGE** Film in English, rest of the event multilingual

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---

### IT'S GETTING SPOOKY! – PUMPKIN CARVING FOR HALLOWEEN

DE

EN

The tradition of Halloween is not only about crazy costumes and baskets full of candy, but also the scary decorations. And who doesn't know about the most popular DIY decorations that people place in front of their door or on the windowsill – the jack-o'-lantern. To make sure you are well prepared for Halloween, we'll show you a few ways to design your pumpkin and creatively turn the leftovers into a snack. That's why our motto is: To the Pumpkins!

**DATE** Sun, 27.10.2019, time tba online

---

**MEETING POINT** tba online well in advance

---

**ORGANIZER** tba online

---

**LANGUAGE** Multilingual event

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---

## COMMUNICATION LECTURE MEETS THEATER PERFORMANCE

DE

The Goldbekhaus, known as the “creative workshop in the heart of Winterhude,” offers space for everything from sporting activities to lectures and courses. We want to combine learning with entertainment and attend a lecture on communication and body language that is accompanied by a theater group. The lecture “Wissenstransfer, der Spaß macht!” (Knowledge transfer that is fun!) on the latest concepts of communication psychology given by TV presenter and journalist Julia Westlake will be accompanied live by actors from the Improvisations-theater and Unternehmenstheater in Hamburg. The result is an exciting mixture of performance and presentation ... If you don't know what the word “Statusflexibilität” (lit: status flexibility) means yet and you want to learn more about the right way to present yourself at meetings, lectures, and negotiations, then come with us to the Goldbekhaus. It will be informative and fun!

**DATE** Sat, 30.11.2019, time tba online

---

**MEETING POINT** tba online well in advance

---

**ORGANIZER** tba online

---

**LANGUAGE** Lecture in German, rest of the event multilingual

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---

## TAKE IN THE SOUNDS OF CHRISTMAS ...

DE

EN

The Advent season draws us in with candlelight, incense sticks, and German “Gemütlichkeit.” And the pre-Christmas charm is only heightened by harmonious sounds that are just the right combination to create anticipation and contemplation. Together, we want to get into the mood of the magical Christmas season with the music of instruments and choirs. We invite you to take part in this evening event including an Advent concert that will spread the Christmas spirit.

**DATE** Sun, 01.12.2019, time tba online

---

**MEETING POINT** tba online well in advance

---

**ORGANIZER** tba online

---

**LANGUAGE** Multilingual event

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---

## “NIBBLE, NIBBLE, LITTLE MOUSE” – GINGERBREAD HOUSE COMPETITION

DE EN

As a child, who didn't dream of living in a house of sweets that they made themselves? Gingerbread houses are primarily known from the Grimm fairy tale “Hansel and Gretel” from the nineteenth century. The witch's delicious house is popular at Christmas time and is traditionally decorated with the most enticing sweets. From hard candy and gummy bears to nuts and chocolate – everything you can imagine. That's why we're planning a small competition this winter to see who can design the best edible architectural art. In any case, the focus will be on snacking and having fun decorating. We look forward to seeing how you turn your childhood fantasies into masterpieces and create replicas of traditional architecture. So be there, and get ready for some candy-coated chocolate here, a little icing there – who will create the prettiest gingerbread house of all?

**DATE** Sun, 08.12.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## AT THE CHRISTMAS BAKERY – BAKING CHRISTMAS COOKIES

DE EN

Advent, Advent, a candle is burning ... The Christmas season has begun. That means candlelight, Christmas carols, and of course baking Christmas cookies. We invite you to join us at our Christmas bakery and try recipes from several different countries. While the scent of freshly baked cookies fills the air, we'll chat about some of your favorite Christmas traditions. Our mouths are already watering! We look forward to spending time with you in the Advent season!

**DATE** Sun, 15.12.2019, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## DIALOGUE? EVEN IN THE DARK!

Imagine that it's completely dark around you. You perceive scents, temperatures, and sounds. You explore a park, a city, or even a bar. Not being able to see anything makes these everyday situations an altogether different experience. Equipped with white canes and led safely by your guide, in the exhibition "Dialogue in the Dark" sighted people are removed from their social routine and familiar environment. And blind people provide security and a sense of orientation, becoming ambassadors from a world without pictures. We invite you to come experience this exhibition with us.

**DATE** Sat, 11.01.2020, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Tour in English, rest of the event multilingual

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## BRINGING INTERCULTURAL EXPERIENCES TO LIFE: CREATIVE WRITING

Why Sail the Seven Seas? Well, not only to get to know yourself, but also to come into contact with other lifestyles, shake up your worldview, and be surprised by the diversity of the world! No matter if you came to Hamburg for this or spent some time somewhere else, you certainly experienced a lot of funny, absurd, and confusing moments. These moments will serve as the topic of our workshop – but not just in any old way! We will transform them into texts using creative writing methods! First, we'll do some short exercises and then write our own texts. Come by and take part! We look forward to your creativity and imagination!

**DATE** Sun, 12.01.2020, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## THEY SEE ME ROLLIN' – VIETNAMESE ROLLS!

DE EN

The way to a man's (and woman's) heart is through their stomach – and we agree! This cooking course will take you to Southeast Asia and introduce you to Vietnamese spring rolls and refreshing summer rolls! Vietnam is known for its diverse cuisine that includes fresh herbs, tasty sauces, and something for everyone. These rolls will be a real hit for the next time you cook with your friends, and we'll show you how easy it can be!

**DATE** Sat, 01.02.2020, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## FLOHZINN FLEA MARKET: THOSE WHO SEEK FIND

DE EN

The atmosphere is great and the selection is also outstanding. At the flea market in the Wilhelmsburg Zinnwerke (a former pewter factory), you'll find knickknacks, clothing, records, and everything else that the collector's heart desires. There aren't only bargains here, but also antiques at high prices. And you can still find real treasures. After checking out the market, you can get something to eat and drink at the café and admire your own acquisitions, and of course let them be admired. It won't just be interesting for newcomers to experience this authentic German pastime – going to the flea market – because every flea market is a new place full of unknown treasures!

**DATE** Sun, 02.02.2020, time tba online

**MEETING POINT** tba online well in advance

**ORGANIZER** tba online

**LANGUAGE** Multilingual event

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)





## **ACTIVITIES FOR GRADUATE STUDENTS**

# ACTIVITIES FOR GRADUATE STUDENTS

Our Activities for Graduate Students aim to support you on the way toward your degree as well as supplement your daily academic life with a range of extracurricular workshops and leisure activities. Our events and workshops are led by international tutors and professional trainers.

**The DAAD provides a large portion of the funding for our program. However, to cover all of the costs, we charge a small registration fee for the excursions and activities. The amount will be published online well in advance.**

Not all of our events are accessible for people with disabilities. However, it is important for us to make them accessible to as many students as possible. If you have special needs, please contact us at [piasta@uni-hamburg.de](mailto:piasta@uni-hamburg.de), and we will try to make your participation possible.

## WORKSHOPS

### CREATING A RESEARCH POSTER IN POWERPOINT (FOR BEGINNERS) – PEER TO PEER

EN

Are you familiar with research posters? Today, research is often presented via research posters in poster sessions at academic conferences. Research posters can concisely and attractively summarize research and other information and help publicize it and generate discussion.

An academic poster is usually a mixture of a brief text with tables, graphs, images, and other presentation items. At a conference, the researcher stands next to the poster display while the other participants come by and view the presentation and ask questions.

Research posters can be created using a range of software programs, but PowerPoint seems to be the most simple and practical tool. If you want to learn how to create a research poster in PowerPoint, bring your laptop to our workshop and we'll help you get started!

---

**DATE** Thu, 07.11.2019, time tba online well in advance

---

**MEETING POINT** PIASTA, Rentzelstraße 17

---

**ORGANIZER** Minh

---

**LANGUAGE** Event in English

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---



## WRITING SUCCESSFULLY – PEER TO PEER

“Writing is easy. You just have to leave out the wrong words,” Mark Twain, the famous writer, once said jokingly. Even if you don’t want to become a writer, writing is of utmost importance in your studies and academic career. What does effective and reader-friendly writing look like? What basic rules should you observe? How can you improve your writing style? We would like to discuss these questions with you and look at areas where you can improve. This way you’ll be super prepared for your upcoming exams, seminar papers, and final projects!

**DATE** January 2020

**PLACE** PIASTA, Rentzelstraße 17

**ORGANIZERS** Oliver and Ashkan

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## EXCURSIONS AND ACTIVITIES

### FRESH FROM THE BAKERY – BAKING IN AN HISTORIC WOOD-FIRED OVEN

Bake bread in the old clay oven at Freilichtmuseum am Kiekeberg with us and have lots of fun in the process! Together with the bakers, at the museum bakery you’ll have the opportunity to bake traditional breads such as sourdoughs and rolls. You’ll get to see how bread was baked in wood-fired ovens over 300 years ago.

So ... watch, ask questions, and try it out yourself. After some short instructions, you will get to make your very own loaf of bread. And after it bakes, you can take it home with you to enjoy with friends or family! Bon appétit!

**DATE** Sat, 26.10.2019, time tba online well in advance

**MEETING POINT** tba online well in advance

**ORGANIZERS** Olga and Minh

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## LET YOUR INNER SHERLOCK OUT! ESCAPE ROOM

Locked up in a room, we only have an hour to escape. To do so, we have to solve puzzles, decode messages, and find the clues – and of course we have to hurry. Have you always thought you'd be a good detective? Then join us for this thrilling event at Team Breakout, Hamburg's biggest escape room. Test your creativity, teamwork, and detective skills!

**DATE** Sat, 09.11.2019, time tba online well in advance

**MEETING POINT** tba online well in advance

**ORGANIZERS** Ashkan and Olga

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## HUMAN DIGNITY IS INVIOABLE: BASIC LAW

In May 2019, the Basic Law for the Federal Republic Germany (Grundgesetz für die Bundesrepublik, GG) celebrated its seventieth anniversary. The passing of this law in May 1949 paved the way for a new beginning in Germany. Originally intended as a transitional solution until reunification, the law also stood in contrast to the atrocities committed during the Nazi dictatorship and as protection against new forms of totalitarianism. The first two sentences of the first article make this most clear: "Human dignity is inviolable. To respect and protect it is the duty of all state authority." Come by and learn more about the history, facts, and curiosities of the Basic Law together with us in a relaxed atmosphere!

**DATE** Tue, 12.11.2019, time tba online well in advance

**PLACE** PIASTA, Rentzelstraße 17

**ORGANIZER** Oliver

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## COFFEE, ROLLS, FRUIT, AND MORE – A GERMAN BREAKFAST

Max Mustermann usually begins his day with coffee, whole grain bread or rolls, savory cheese or meat, a sweet spread, boiled eggs, and some fruit or vegetables. Breakfast during the week is a bit smaller whereas on the weekend the table is set like a smorgasbord. This is exactly what we plan to have at PIASTA and would therefore like to invite you to take part in a breakfast extravaganza where you will learn a lot about the German breakfast culture. Come by and start your day with a satisfied stomach.

**DATE** Sat, 16.11.2019, time tba online well in advance

**PLACE** PIASTA, Rentzelstraße 17

**ORGANIZERS** Minh and Ashkan

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## BOULDERING – DOING SPORTS IN THE WINTER MONTHS!

EN

Before winter and the pre-Christmas season really begin with all the stollen, lebkuchen, and spekulatius (traditional almond Christmas cookies), we offer you the opportunity to push yourself to your physical limits at the PIASTA Boulder Night.

Bouldering? Never heard of it? Then it is high time to change that. With bouldering, you climb different routes at lower heights and train not only every muscle fiber of your body, but your spirit as well. We will get instructions from professionals about how this fascinating sport is performed, and learn how with practice even difficult routes can be climbed almost effortlessly. After the course, we will have the opportunity to do some climbing ourselves – that is, if we still have the strength. You can look forward to a fun time doing sports – sore muscles included.

**DATE** Tue, 19.11.2019, time tba online well in advance

**MEETING POINT** tba online well in advance

**ORGANIZER** Oliver and Olga

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## VISITING A VIETNAMESE PAGODA

EN

Germany is a multicultural country where people with different backgrounds, languages, and worldviews can live and work together and enjoy the freedom of a liberal society. The Vietnamese are part of this diversity. Living in a new country, they have not only contributed to the culinary culture but also brought their beliefs and religious traditions, such as building pagodas for their places of worship. Visiting a Vietnamese pagoda in Germany is a chance to understand more about the belief practices of this community in a new country. And you may also learn more about this country and people so that you can understand your neighbors, friends, or classmates better.

**DATE** Sat, 07.12.2019, time tba online well in advance

**MEETING POINT** tba online well in advance

**ORGANIZERS** Minh

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## A CHRISTMAS EVENING TOGETHER

EN

With or without a shot – mulled wine is an essential part of the Christmas season. As early as the Middle Ages, people appreciated spiced mulled wine. Of course, it tastes best homemade with anise, orange, cinnamon, and your other favorite spices. At this event, you'll find out which wines work best and which spices can't be left out. Come by and enjoy a Christmas evening together!

**DATE** Sat, 14.12.2019, time tba online well in advance

**PLACE** PIASTA, Rentzelstraße 17

**ORGANIZER** Ashkan

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-phd](http://www.uni-hamburg.de/piasta-phd)

## INVIGORATED IN JANUARY: KAFFEEMUSEUM BURG

EN

Coffee, this magical drink, this elixir of life! For many, the day can only officially start after they've had their first cup of coffee. But how much do we really know about the most popular hot beverage in the world? Where do the beans usually come from? How are they roasted? Which processes do they undergo before the warm cup of coffee reaches our hands? Let's find out more about coffee and its history together at Kaffeemuseum Burg, a roastery that has been in Hamburg since 1923. Afterwards, we'll drink a nice cup of hot coffee together. Remember, everything goes better with coffee!

**DATE** Sat, 18.01.2020, time tba online well in advance

**MEETING POINT** tba online well in advance

**ORGANIZERS** Ashkan and Olga

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## PHO: THE STORY A SOUP CAN TELL

Vietnamese cuisine is now quite popular in Germany. And the most well-known Vietnamese street food that has been popularized throughout the world is probably Pho. Have you ever tried pho? Is it simple or complicated to cook up a pho bowl? Well, it can be very simple, but it can also be quite time-consuming. If you are interested in learning how to make authentic Vietnamese pho and also different varieties of pho, this is the right place for you. We will spend an afternoon together to find out more about the mysteries of pho and how to cook it. In the end, we will enjoy eating our hot pho together on a winter afternoon. We look forward to seeing you there and trying out the creations you make of the traditional Vietnamese street food pho. Let's get cooking!

**DATE** January 2020

**MEETING POINT** Rentzelstraße 17, conference room (ground floor)

**ORGANIZERS** Minh and Olga

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## A BIT OF SUMMER – BEACH VOLLEYBALL IN JANUARY!

The days are short, the weather gray and wet. Do you long for a day at the beach, for summer, sun, and beach volleyball? We can't conjure up the summer for you, but we can shorten the waiting time by inviting you to our beach volleyball event! Beach Hamburg offers the ideal conditions for this: indoor courts, heated sand, and a beach atmosphere. We look forward to defying the winter weather together with you!

**DATE** January 2020

**MEETING POINT** tba online well in advance

**ORGANIZERS** Oliver and Nicole

**LANGUAGE** Event in English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)





## **SEMINARS AND WORKSHOPS**

# SEMINARS AND WORKSHOPS

PIASTA's seminars and workshops are designed to help you gain academic and social skills that will enable you to successfully complete your studies in Hamburg. Our seminars and workshops are offered for international students and led by professional trainers and instructors.

## EFFECTIVE STUDY SKILLS

### ENGLISH CONNECT AND RECHARGE: SPEAKING ENGLISH WITH CONFIDENCE

EN

Are you working on a BA, MA, or doctorate and want to improve your academic English? Is your English rusty due to a lack of practice? Then this workshop is just the thing for you.

#### Learning objectives:

- overcome shyness in the classroom
- motivate yourself to speak English regularly
- use simple but grammatically correct English
- build a strong vocabulary

#### Course content:

- grammatical mistakes frequently made by non-native speakers
- correct pronunciation and enunciation
- reading, speaking, listening, and writing exercises
- group activities and role-plays to build confidence

**Please note:** This is not a language course. For this event, you should already have attained level B1/B2 in English. This workshop aims to support and motivate you to use your English skills in your day-to-day studies or work in such a way that you enjoy speaking the language and experience success.

---

**DATE** Thu, 07.11.2019 and Fri, 08.11.2019, 1–6 pm

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**ORGANIZER** Sadiq Rahman, MA in English literature

---

**LANGUAGE** English

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---



## ACADEMIC WRITING IN ENGLISH

Writing academic texts in English is required in almost all degree programs, and non-native speakers, in particular, face a number of difficulties. This two-part workshop will cover many important aspects to consider when writing academic essays, articles, or doctoral dissertations in English. Short presentations will be complemented by interactive and practical exercises that will focus on the participants' specific disciplines and projects. In order to be able to work in a targeted manner, please bring your own academic projects with you (e.g., final thesis, doctoral dissertation, or article).

### Learning objectives:

- read and understand academic texts in English
- learn about text structure and language used in the context of academic English
- acquire techniques for revising and editing your texts, in particular, those that are useful when working in a foreign or second language

**Please note:** This seminar is designed primarily for doctoral and master's students in the final stages of their studies.

<b>DATE</b>	Fri, 15.11.2019 and Fri, 22.11.2019, 9 am–1:30 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZER</b>	Susannah Ewing Bölke, CTEFLA and MA in German and English
<b>LANGUAGE</b>	German
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

## PRESENTING WITH CONFIDENCE IN GERMAN

Even at the beginning of your studies, you will have to give presentations either alone or in groups and present research results. This is often no easy task, as many people are nervous about speaking in front of larger groups of people. Non-native speakers, in particular, also have to deal with the challenge of finding the right words. But presenting with confidence is something that you can learn!

In this workshop, we will develop and practice strategies and techniques for giving effective presentations so that you can more effectively manage difficult situations.

### Learning objectives:

- understand the basics of having an effective presence
- develop and use presentation strategies and methods
- practice giving presentations in groups

**Please note:** This seminar is designed primarily for non-native German speakers.

**DATE** Fri, 29.11.2019 and Sun, 01.12.2019, 10 am–4 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**ORGANIZER** Özlem Alagöz-Bakan, MEd in teacher training in primary and lower secondary education I

**TARGET GROUP** Students in German-language degree programs

**LANGUAGE** German

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## STUDY STRATEGIES AND TIME MANAGEMENT

EN

Are you blown away by the amount of work you have to do for your courses? Overwhelmed by assignments, deadlines, and external demands? If so, this workshop is for you. We will deal hands-on with your individual schedule and dates, address ways to keep track of your tasks, and discuss your personal learning style and techniques for efficient time management. Please bring as much information as you can about your schedule and deadlines for the semester, including details about assignments, papers, and exams.

**Please note:** For this event, you should already have attained level B1/B2 in English. This workshop aims to support and motivate you.

**DATE** Thu, 05.12.2019, 9:30 am–1:30 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**ORGANIZER** Susannah Ewing Bölke, CTEFLA and MA in German and English

**LANGUAGE** English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## FROM WORD TO IMAGE: EFFICIENT AND SUCCESSFUL PRESENTATIONS

DE

Charming pictures instead of PowerPoint? Simple, fast, and effective visuals? Using vivid language and a good design makes it easy for you to connect with the audience and turns presentations into crowd-pleasers. Content conveyed with visuals is quickly and easily understood, and the depth and vibrancy of flip charts make material easy to read in no time at all. In this course, we will learn simple ways to effectively use visuals.

You can't draw? That doesn't matter. We will provide suggestions that are effective and easy to implement using basic elements of design, as well as writing, figures, symbols, and other visual components. Then we'll first practice these design basics before implementing them in our own projects. This is a practical, hands-on course that will allow you to discover your artistic talent. You are welcome to bring your favorite pens and markers with you.

### Learning objectives:

- design attractive and impressive flip charts
- develop your personal visual language
- be able to design drafts for your own projects

<b>DATE</b>	Fri, 06.12.2019, 9:30 am–1:30 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZER</b>	Alix Einfeld, Diplom in cultural studies and esthetics practice
<b>LANGUAGE</b>	German
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

## THE ART OF QUOTING

DE

Knowing how to use a variety of sources is indispensable when writing academic texts. In this course, we will work on how to clearly and correctly distinguish between your ideas and those of others, use direct and indirect quotes, and create and format a bibliography.

### Learning objectives:

- recognize various ways to quote sources
- effectively use quotes in your own work
- create a formally correct bibliography
- and, if there is interest, a brief look at the reference management software Zotero

**Please note:** This seminar is for German-language degree programs only and is not intended for natural science students.

<b>DATE</b>	Fri, 17.01.2020, 10 am–2 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZER</b>	Özlem Alagöz-Bakan, MEd in teacher training in primary and lower secondary education I
<b>TARGET GROUP</b>	Students in German-language degree programs
<b>LANGUAGE</b>	German
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

## DIVERSITY SKILLS

Dear Students,

PIASTA's intercultural training courses are intended to impart fundamental skills that are both necessary and useful when people from different cultural backgrounds communicate and interact. This could involve a culturally diverse group project at Universität Hamburg, a semester in Mexico, or a career requiring work in intercultural teams. The intercultural training we offer is general in nature, meaning that it is not specific to any one culture.

Skills include the ability to see things from a different perspective, to reflect upon your own and other people's behavior, to empathize, to remain flexible, to be open and tolerant, to be aware of and deal appropriately with your own prejudices and stereotypes (which we all have), intercultural sensitivity, and the ability to communicate. While acquiring intercultural proficiency is a lifelong process, these seminars do provide a very good opportunity to develop your skills and to find inspiration for further intercultural development.

A basic knowledge of cultural differences (e. g., cultural views of time) is also useful and therefore included in our seminars. But it can also lead to stereotyping. Our goal, therefore, is to strengthen your intercultural communication skills and abilities so that you can adapt your point of view as you encounter others with curiosity and openness and as you learn new things and exchange ideas constructive to all.

As trainers, we place a lot of value on practical experience and use techniques such as role-playing to give you the opportunity to gain intercultural experience in the training situation itself.

All intercultural training courses in the PIASTA program are conceived to meet the criteria for Component A of the Certificate Intercultural Competence (CIC). You can find out more about the CIC here:

[www.uni-hamburg.de/internationales/cic](http://www.uni-hamburg.de/internationales/cic)

## CRITICAL WHITENESS

“Critical whiteness” is a term that we now read and hear all the time, but do we really know what it stands for? What does the term mean and what is critical whiteness good for? In this workshop, we will deal with the origin of critical whiteness research and discuss its relevance for our personal daily life. We will look at the social category of race and trace its origin, consider the effects of structural and institutional racism, and reflect on privileges that white people automatically enjoy, either consciously or unconsciously. Through group exercises, video analysis, and discussion, we will become aware of our self-perception, question stereotypes, and try to practice a change of perspective. We will address the discomfort that white people experience when confronted with (their own) racism (white fragility). Ideally, we will create a space for the respectful exchange of thoughts and ideas on an important current social topic and expand our awareness of the prerequisites for equal communication between people of different origins and identities.

### Learning objectives:

- learning to deal with the concepts related to the social category of race
- recognizing racist social structures
- recognizing white privilege
- becoming aware of – and promoting – anti-racist thinking and actions

### Course content:

- historical overview of critical whiteness research and racism
- exercises for reflecting on white privilege and discussion of white fragility
- discussions, analysis, and reflection of (unconscious) everyday racism

**Please note:** Block seminar – attendance is mandatory on both course dates!

**DATE** English: Thu, 24.10.2019 and Fri, 25.10.2019, 10 am–3:30 pm  
German: Sat, 23.11.2019 and Sun, 24.11.2019, 10 am–3:30 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**ORGANIZER** Kathrin Pollow, MA in history

**LANGUAGES** German and English

**CIC** Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend.

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## COMING HOME: INTERCULTURAL WORKSHOP AFTER YOUR STUDY ABROAD

Have you just returned from a semester abroad filled with many impressions and experiences? Did you learn a lot of new things but are still a little overwhelmed by being back in Hamburg? You've increased your subject-specific knowledge and language proficiency, but not just that. You were also able to learn about various cultures, taking some elements with you, and identify similarities and differences between cultures. Consciously or unconsciously, you developed your intercultural skills. Now is the time to learn how to effectively and intentionally use these skills, new knowledge, and many experiences in your (university) daily life.

One way to do this is to spend some time critically reflecting on various aspects of your study abroad – in view of intercultural skills. In group exercises, discussions, and media formats, we will address topics such as stereotypes and prejudices, different communication styles, dealing constructively with intercultural barriers, and experiencing interculturality and transculturality during a study abroad. And if you simply need help and thought-provoking ideas for your CIC report (self-reflective analysis), this is the right place for you.

### Learning objectives:

- dealing constructively with intercultural barriers and gaining a new perspective of these upon your return
- reflecting on your study abroad and experiences gained as well as how your own sense of belonging has changed in regard to values, behavior, and ways of thinking
- describing personal experiences in view of intercultural skills
- connecting your experience to theoretical concepts you have learned
- practical exercises and discussion based on specific intercultural situations

### Course content:

- reflecting – what does it involve?
- theoretical and practical approaches to the concepts of intercultural skills, interculturality, and transculturality
- awareness of the differences between interculturality and transculturality
- critical reflection on prejudices, stereotyping, and social perceptions

**Please note:** Block seminar – attendance is mandatory on both course dates!

**Target group:** This workshop is designed for all students who have just returned from a study abroad.

<b>DATE</b>	Sat, 26.10.2019 and Sun, 27.10.2019, 10 am–3:30 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZER</b>	Lara Manukyan, BA in cultural studies and MA in Latin American studies
<b>LANGUAGE</b>	German
<b>CIC</b>	Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend.
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

## INTERCULTURAL AWARENESS TRAINING

DE EN

We need intercultural skills in our studies, on the job, and in daily life. If you move to a new location, get to know new groups, or your life situation changes, then you will likely be either directly or indirectly confronted with intercultural issues. But what are intercultural skills and why do we actually need them?

This workshop will examine what terms such as “culture” and “intercultural skills” actually mean. Using experience-based learning, we will discover, critically examine, and reflect upon our self-perception, alienation, and affiliations. We will strengthen our empathy and ability to see things from another perspective. Discussion sessions will give you the opportunity to share your experiences and speak openly about insights you have gained. And if you are new in Germany or even in Hamburg, this is a nice opportunity to talk about your personal experiences and reflect on them.

### Learning objectives:

- reflect upon our own affiliations, related values, and typical behaviors and ways of thinking
- recognize and use cultural differences in communication
- gain sensitivity and cultivate skills for dealing with intercultural situations

### Course content:

- theoretical and practical approaches to the concepts of “culture” and “intercultural skills”
- critical reflection on prejudices, stereotyping, and social perceptions
- practical exercises on various aspects (e. g., notions of time and different styles of communication)

**Please note:** Block seminar – attendance is mandatory on both course dates!

**DATE** English: Sat, 09.11.2019, 10:30 am–3:30 pm and  
Sun, 10.11.2019, 10 am–3:30 pm  
German: Sat, 18.01.2020, 10 am–5 pm and  
Sun, 19.01.2020, 10 am–2 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**ORGANIZER** English: Kathrin Pollow, MA in history;  
German: Hila Safari, psychologist and trained mediator,  
and Lara Manukyan, BA in cultural studies and MA in  
Latin American studies

**LANGUAGE** German/English

**CIC** Can be recognized as Component A of the Certificate  
Intercultural Competence (CIC). This seminar will only be  
recognized for the CIC if students participate in both days  
of the training weekend.

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

## INTERCULTURAL PREPARATION FOR OUTGOING STUDENTS

DE

Is your stay abroad coming up and you have the feeling that you need to do more than subject-specific and language preparation? You might be full of anticipation, but you keep asking yourself “What will it really be like living in a foreign country?” This intercultural preparation for your stay abroad is intended to help you be able to successfully navigate your daily life and studies – even when you are outside of your cultural comfort zones. In group exercises and discussions, and using various media formats, we will examine self- and social perceptions, stereotypes and prejudices, different working and communications styles, and our understanding of time and space. In this workshop, we will become aware of social and cultural faux pas to avoid and also focus on topics such as homesickness and loneliness. You will have the opportunity to share ideas and experiences with other students in a relaxed atmosphere, and you will leave the workshop looking forward to and feeling at ease about your stay abroad.

### Learning objectives:

- reflect upon our own affiliations, related values, and typical behaviors and ways of thinking
- recognize and use cultural differences in communication
- gain sensitivity and cultivate skills for dealing with intercultural situations



**Course content:**

- theoretical and practical approaches to the concepts of “culture” and “intercultural skills”
- critical reflection on prejudices, stereotyping, and social perceptions
- practical exercises on various aspects (e. g., notions of time and different styles of communication)

**Please note:** Block seminar – attendance is mandatory on both course dates!

<b>DATE</b>	Sat, 16.11.2019, 10 am–3:30 pm and Sun, 17.11.2019, 10 am–3:30 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZER</b>	Elena Sheynfeld, MSc in business administration
<b>LANGUAGE</b>	German
<b>CIC</b>	Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend.
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

## MAJORITY? MINORITY? DIVERSITY! A QUESTION OF PERSPECTIVE

DE

You are studying at Universität Hamburg, taking part in student life, or have a job or are doing an internship. No matter what subject you’re studying, you interact with a wide range of people in many areas of your life. And, of course, you are part of this diversity yourself – various cultural and social backgrounds, different plans for life, and various sexual and gender identities. With regard to sexual and gender identities, we want to consider the particular situation of these “minorities” and examine the dimensions of diversity. In doing so, we will consider various perspectives on diversity and see how these might be useful in your daily life.

**Learning objectives:**

- impart specialized knowledge and develop awareness and an idea of what decision-making and responsibility that is sensitive to diversity in relation to gender and sexual diversity might look like in your own everyday life
- create lasting awareness for diversity in (your own) daily life

**Course content:**

- learn about basic concepts related to diversity, in particular, gender and sexual diversity
- consider various perspectives on diversity
- analyze the range of diversity characteristics based on LGBTIQ+ lifestyles and an intercultural perspective
- identify similarities and learn how to deal with opposition in terms of characteristics of diversity
- recognize social benefits and personal advantages of diversity
- examine exemplary best practices related to decision-making and responsibility sensitive to diversity

**Please note:** Block seminar – attendance is mandatory on both course dates!

<b>DATE</b>	Sat, 07.12.2019, 10 am–4 pm and Sun, 08.12.2019, 11 am–4 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZERS</b>	Markus Hoppe, MA in social work, and Vanessa Lamm, Diplom in education
<b>LANGUAGE</b>	German
<b>CIC</b>	Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend.
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

## EMPOWERMENT WORKSHOP FOR BLACK STUDENTS AND STUDENTS OF COLOR

DE

Taking an empowerment perspective, this workshop focuses on ways students at university deal with racism and/or anti-Semitism. The first step is to develop a common understanding of racism, one that sees it as a social and historical power structure. A further focus will be on ways of responding to racism, for example, by drawing on our own strengths and resources. We will work with a variety of methods used in the field of political education that will incorporate creative approaches, videos, and physical exercises. The workshop will be conducted in German, but we can provide translation into English.

This workshop is offered only to black students and students of color who have experienced racism and/or anti-Semitism in Germany. This includes students of African or Asian origin, Muslims, Roma, Sinti, and Jewish people, as well as those with an immigrant background.

### Learning objectives:

- develop an understanding of racism as a social power structure
- view one's own social positioning from an intersectional perspective
- become aware of the resources you have to deal with racism
- discuss options for action in the case of racial discrimination

**Please note:** Block seminar – attendance is mandatory on both course dates!

<b>DATE</b>	Sat, 13.12.2019, 10 am–4 pm and Sun, 14.12.2019, 11 am–4 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZERS</b>	Josephine Akinyosoye BA in sociology, and Meryem Choukri, MA in postcolonial culture and global policy
<b>LANGUAGE</b>	German
<b>CIC</b>	Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend.
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

## EFFECTIVE COMMUNICATION ACROSS CULTURES – LEADING DISCUSSIONS

DE

Today, communication and intercultural skills are seen as key qualifications in universities and on the job and they are indispensable to effective communication and cooperation. This seminar aims to expand upon your communication skills, focusing especially on intercultural situations and how to respond accordingly to conversation partners from all over the world and in different contexts while remaining true to yourself.

### Learning objectives:

- reflect on your own culturally-conditioned behaviors and communication habits
- recognize cultural differences in communication
- acquire helpful tools and techniques to hone your own conversation skills
- learn about helpful strategies for dealing with sensitive intercultural situations

### Course content:

- diverse communication models (e. g., Schulz von Thun).
- practical exercises on (inter)cultural factors in diverse communication situations
- constructive criticism in practice

**Please note:** Block seminar – attendance is mandatory on both course dates!

---

<b>DATE</b>	Sat, 25.01.2020, 2–6 pm and Sun, 26.01.2020, 10 am–5 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZERS</b>	Lea Kühne, Diplom in education, and Anne Neumann-Holbeck, MSc, clinical psychologist
<b>LANGUAGE</b>	German
<b>CIC</b>	Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend.
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

---

## IT SKILLS

### EXCEL FOR BEGINNERS

DE EN

Excel is one of the most commonly used Microsoft Office programs. This course will introduce you to the world of Excel. It focuses on practical exercises using the computer.

#### Learning objectives:

- basic use of Excel
- using and understanding basic Excel functions
- proficient use of options using practical examples

#### Course content:

- basic principles of tables (filling out, moving, copying)
- using formulas and functions
- using relative, absolute, and combined cell references
- creating and quickly designing diagrams
- creating tables and linking pages and data
- tips and tricks for working with Excel

**Please note:** Block seminar – attendance is mandatory on both course dates!

**DATE** German: Sat, 02.11.2019 and Sun, 03.11.2019, 10 am–4 pm  
English: Sat, 07.12.2019 and Sun, 08.12.2019, 10 am–4 pm

---

**MEETING POINT** tba online well in advance

---

**ORGANIZER** Blendi Ramaj, Diplom in business administration

---

**LANGUAGES** German and English

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---

### WORD FOR ACADEMIC PAPERS

DE

Word is one of the most widely used programs to prepare academic papers. In this course, we will take an in-depth look at all of the major format requirements for academic papers (term papers, final theses, and dissertations).

#### Learning objectives:

- using Word effectively to format academic papers

**Course content:**

- basic principles of laying out academic papers
- basic principles for working with formatting and document templates
- basic principles of design
- using paging and paragraph functions
- margins, page format, headers and footers
- tables of contents, keyword indexes, page overviews, structuring, and numbering
- tables of figures as well as tables, footnotes, and endnotes

**Please note:** Block seminar – attendance is mandatory on both course dates!

<b>DATE</b>	Sat, 30.11.2019 and Sun, 01.12.2019, 10 am–4 pm
<b>MEETING POINT</b>	tba online well in advance
<b>ORGANIZER</b>	Blendi Ramaj, Diplom in business administration
<b>LANGUAGE</b>	German
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

**ADVANCED EXCEL**

DE

This course builds upon the course Excel for Beginners.

**Learning objectives:**

- further development of basic Excel skills
- proficiency in using formulas and functions
- applying new skills in practical situations

**Course content:**

- working with large tables, sorting and filtering large quantities of data
- using advanced functions
- creating and adapting Pivot tables
- basic use of macros
- advanced tips and tricks for working with Excel

**Please note:** Block seminar – attendance is mandatory on both course dates!

<b>DATE</b>	Sat, 14.11.2019 and Sun, 15.11.2019, 10 am–4 pm
<b>MEETING POINT</b>	tba online well in advance
<b>ORGANIZER</b>	Blendi Ramaj, Diplom in business administration
<b>LANGUAGE</b>	German
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>

## ADVISING AND FIRST CAREER STEPS

### SURVIVAL TRAINING: VISA AND RESIDENCY

DE EN

Residency status? Temporary residence permit? A blocked account? You just wanted to study in Hamburg and now you feel overwhelmed with all the organizational details? In this workshop, we'll show you how to successfully navigate through Hamburg's bureaucratic maze – what documents you need for your residence permit, how you can avoid problems with local authorities, and what you need to consider if you want to change your degree program. You will, of course, also have the opportunity to share your experiences with other students and we'll give you the tips you need so that you can really concentrate on your studies.

#### Learning objectives:

- become aware of issues related to residency
- develop confidence when dealing with official matters
- gain an understanding of official terminology

#### Course content:

- basic knowledge regarding your stay in Germany
- clarification of official terms
- becoming familiar with different perspectives

**Please note:** This workshop is only for international students and doctoral students!

<b>DATE</b>	Fri, 18.10.2019, 1–7 pm
<b>PLACE</b>	Rentzelstraße 17, conference room (ground floor)
<b>ORGANIZERS</b>	Ina-Lotte Dühning, MA in intercultural communication, and Ama Pokua von Pereira, qualified lawyer
<b>LANGUAGE</b>	German/English
<b>REGISTRATION</b>	<a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a>
<b>COOPERATION</b>	Universität Hamburg's Career Center

## CHALLENGES IN YOUR STUDIES – DISCUSSION ROUND FOR INTERNATIONAL STUDENTS

DE EN

Studying is always an adventure that has its own challenges and difficulties, especially for international students. Sometimes things don't go the way you wanted them to when you're studying abroad, and at the same time you feel like you have to face these difficulties alone and don't know where to turn for help. This informal discussion round for international students offers you the opportunity to meet with other students and share your experiences. On a peer-to-peer basis, you can exchange ideas and find solutions together so that you can really concentrate on your studies.

On the third Thursday of the month between 5 and 8 pm, the PIASTA room is available for you to share your knowledge and experiences, and let go of your worries. Stop by and take advantage of a confidential atmosphere and international networking.

**DATE** 5–8 pm on the following Thursdays: 21.11.2019, 12.12.2019  
and 23.01.2020

---

**PLACE** Rentzelstraße 17, conference room (ground floor)

---

**ORGANIZERS** Hila Safari, psychologist and trained mediator, and NN

---

**LANGUAGE** German and English

---

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

---



## STRATEGIC PLANNING FOR YOUR CAREER

I'm sure you've been wondering how you can best plan your studies so that you can be more successful on the job market. And what the best things are that you can do beyond your studies to help you achieve your goals. Strategic planning in the context of your career is an important skill that you will want to develop. In this seminar, we will focus on strategically developing and designing our careers, and pinpointing the best strategies we use to do so.

### Learning objectives:

- learn more about the fields of strategic planning and careers
- focus on strategic career planning and apply possible scenarios
- reflect on your personal potential

### Course content:

- get to know the theoretical and practical connections between strategic planning and careers
- find out about and use support systems (e.g., networking, coaching, and mentoring)
- learn about personal marketing (building a personal brand) in strategic planning in the context of careers
- try out practical exercises related to individual aspects of strategic planning and careers

**DATE** Fri, 24.01.2020, 10 am – 6 pm

**PLACE** Rentzelstraße 17, conference room (ground floor)

**ORGANIZER** Stefan Popko, MA in Business and Organisational Psychology

**LANGUAGE** English

**REGISTRATION** [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)





**INFORMATION  
AND ADVISING**

# INFORMATION AND ADVISING

In general, Universität Hamburg offers a number of useful information channels for studying abroad. In addition, PIASTA provides a variety of consulting and information services designed especially for international students.

## INFORMATION AND ADVISING FOR INTERNATIONAL STUDENTS

### INFORMATION BOOKLET: TO-DOS FOR NEW STUDENTS

You've applied to Universität Hamburg, and are now wondering what the next steps are? The brochure "To-Dos for New Students" contains useful information about the most important things you will need to take care of before you start studying – from registering in Hamburg to taking out insurance. The brochure is available as a PDF to download, as well as an interactive online tool that you can click through.

Information:

[www.uni-hamburg.de/welcome](http://www.uni-hamburg.de/welcome)

### INFORMATION BOOKLET: RESIDENCY LAWS

The City of Hamburg publishes a brochure for international students. The "Informationsbroschüre für internationale Studierende zum Aufenthaltsrecht" contains detailed information on residency laws:

- arriving in Germany
- residency laws for students
- part-time jobs and internships while studying
- employment in Germany after graduation
- permanent residency in Germany

Information:

[www.uni-hamburg.de/aufenthalt](http://www.uni-hamburg.de/aufenthalt)

→ Download

## ADVICE FOR INTERNATIONAL STUDENTS ON RESIDENCY AND SOCIAL MATTERS

DE EN

Whether at the beginning, in the middle, or at the end of your studies, there are many questions that international students may have. What different types of proof of financing are accepted for renewing residence permits? What do I need to consider if I change my field of study or want to do an internship? You may also experience private, financial, or study-related difficulties. And sometimes not everything about your study abroad will go according to plan. It is important to find out the details early on and to seek support if you have any problems. We encourage you to come to one of our advising sessions, especially if you are unsure of who to turn to for help. We urge you to make an appointment even if your problems seem to be minor.

<b>OFFICE HOURS</b>	Tuesday and Thursday
	Please go to the website <a href="http://www.uni-hamburg.de/aufenthalt">www.uni-hamburg.de/aufenthalt</a> to see if there are any changes such as canceled office hours due to illness or vacation.
<b>DATE AND PLACE</b>	Tuesday, 1:30–3:30 pm, Rentzelstraße 17, Room 003 (ground floor), PIASTA Thursday, 3:30–5 pm, Alsterterrasse 1, Third Floor, Campus Center
<b>ADVISOR</b>	Ama Pokua von Pereira
<b>CONTACT</b>	Tel: +49 40 42838-1602 <a href="mailto:ama.vonpereira@verw.uni-hamburg.de">ama.vonpereira@verw.uni-hamburg.de</a>
<b>TARGET GROUP</b>	International students and doctoral students as well as Universität Hamburg graduates
<b>LANGUAGES</b>	German/English
<b>OFFICE HOURS</b>	By appointment only. Please set up an appointment via email. I will offer you an appointment at the earliest date possible.
<b>PLACE</b>	Rentzelstraße 17, Room 003 (ground floor)
<b>ADVISOR</b>	Ina-Lotte Dühning
<b>CONTACT</b>	<a href="mailto:ina-lotte.duehring@verw.uni-hamburg.de">ina-lotte.duehring@verw.uni-hamburg.de</a>
<b>TARGET GROUP</b>	International students and doctoral students as well as Universität Hamburg graduates
<b>LANGUAGES</b>	German/English

## LEGAL ADVICE FOR INTERNATIONAL STUDENTS

DE EN

We provide students, doctoral students, and recent graduates with free legal advice from an attorney. Find out about visas, extending residence permits, work permits, and employment in Germany after graduating.

**Please note:** There's no need to sign up in advance, but please arrive by 6 pm at the latest.

Please go to the website [www.uni-hamburg.de/aufenthalt](http://www.uni-hamburg.de/aufenthalt) to see if there are any changes such as canceled office hours due to illness or vacation.

**OFFICE HOURS** 5–7 pm on the following Mondays: 07.10.2019, 21.10.2019, 04.11.2019, 18.11.2019, 02.12.2019, 16.12.2019, 06.01.2020, 20.01.2020, 03.02.2020

---

**PLACE** Rentzelstraße 17, Room 003 (ground floor)

---

**ADVISOR** Björn Stehn, attorney

---

**TARGET GROUP** International students and doctoral students as well as Universität Hamburg graduates

---

**LANGUAGES** German/English

---

## PSYCHOLOGICAL COUNSELING FOR INTERNATIONAL STUDENTS

DE FA

Students may experience various psychological difficulties while studying. Some students feel extreme pressure to succeed, developing test anxiety or a fear of failure, while others become anxious about their professional prospects, questioning whether or not they have chosen the right course of studies. Then there are those who cannot concentrate on their studies because they are having problems in their personal relationships or at home, dealing with separation anxieties, or have developed psychosomatic disorders. What they all have in common is that they need support in their current situation so that they can continue to focus on their studies, their job search, or simply their daily lives.

We provide counseling for all kinds of problems and concerns that you would like to discuss confidentially; we can help you better deal with a difficult situation that you may find yourself in. Our goal is to identify the source of the problem and to work together to find a suitable solution. Do not hesitate to contact us, even if your concern may seem minor!

**OFFICE HOURS** By appointment only, Thursday after 2 pm. Please contact me by email and provide a brief description of your question or concern. I will offer you an appointment at the earliest date possible. Please note that in some cases, this may take up to two to three weeks.

---

**PLACE** Rentzelstraße 17, Room 003 (ground floor)

---

**ADVISOR** Hila Safari, psychologist and trained mediator

---

**CONTACT** hila.safari@uni-hamburg.de

---

**TARGET GROUP** International students and doctoral students at Universität Hamburg

---

**LANGUAGES** German/Farsi

---

## ADVICE ON SCHOLARSHIPS FOR INTERNATIONAL STUDENTS

DE EN ES

### Merit scholarship program for international students

International students and recent graduates with outstanding academic records can apply for an annual stipend of €720 per month (maximum). For more information, please consult the Department of International Affairs website:

[www.uni-hamburg.de/leistungsstipendien](http://www.uni-hamburg.de/leistungsstipendien)

### Degree completion grants for international students

To complete their university studies, international students in need of financial support can apply for a monthly stipend of between €300 and a maximum of €720 monthly (depending on income). For more information, please consult the Department of International Affairs website:

[www.uni-hamburg.de/examensstipendien](http://www.uni-hamburg.de/examensstipendien)

---

**OFFICE HOURS** Office hours and additional information at:  
[www.uni-hamburg.de/internationales/kontakt](http://www.uni-hamburg.de/internationales/kontakt)

---

**ADVISOR** Daniela Pérez y Effinger

---

**CONTACT** Tel: +49 40 42838-3311  
[daniela.perezeffinger@verw.uni-hamburg.de](mailto:daniela.perezeffinger@verw.uni-hamburg.de)

---

**TARGET GROUP** International students and doctoral students at Universität Hamburg

---

**LANGUAGES** German/English/Spanish

---

## ADVISING FOR THE CERTIFICATE INTERCULTURAL COMPETENCE AND OUTGOING STUDENTS

### INFORMATION AND ADVICE ON ACQUIRING THE CERTIFICATE INTERCULTURAL COMPETENCE (CIC)

DE EN

The Certificate Intercultural Competence (CIC) is awarded to students at Universität Hamburg who have dedicated their time to intercultural issues. The CIC therefore serves as recognition of intercultural involvement and is an additional distinction for students. The certificate encompasses the areas of intercultural training, international experience, intercultural activity, and intercultural studies. During the weekly office hours, interested students may receive information and tips on how they can acquire the CIC during their studies.

---

**OFFICE HOURS** Office hours and additional information at:  
[www.uni-hamburg.de/cic](http://www.uni-hamburg.de/cic)

---

**OFFICE HOURS** Tuesday, 4–5 pm (please sign up for an appointment in advance by email)

---

**PLACE** Rentzelstraße 17

---

**CONTACT** Annika Johannsen  
Tel: +49 40 42838-7245  
[annika.johannsen@uni-hamburg.de](mailto:annika.johannsen@uni-hamburg.de)

---

**LANGUAGES** German/English

---

### INFORMATION AND ADVICE ON STUDYING ABROAD

DE

How do I plan studying abroad? What exchange programs does Universität Hamburg offer? What kind of funding is available? The Study Abroad Team within the Department of International Affairs can provide answers to these and many other questions.

Going abroad is not only an opportunity to discover a new culture. It also expands your academic profile and improves your chances on the job market. You'll see the world – and your own country – from another perspective. However, it is very important to plan your trip well in advance, as many programs have a long application process (in some cases, more than a year!).

The Study Abroad Team holds monthly information sessions and weekly office hours for individual advising.

---

**OFFICE HOURS** Office hours and additional information at:  
[www.uni-hamburg.de/outgoing](http://www.uni-hamburg.de/outgoing)

---

**CONTACT** [outgoings@uni-hamburg.de](mailto:outgoings@uni-hamburg.de)

---



## DOING AN INTERNSHIP ABROAD THROUGH ERASMUS+

DE EN

An Erasmus+ internship is a great way to gain practical experience working in other European countries. Erasmus interns receive a monthly grant of between € 435–555, depending on the host country. This grant is independent of the internship stipend. In addition to the monthly grant, you can also apply for a BAföG federal student loan for your time abroad. The Erasmus internship must last for at least two months and is funded for a maximum of four months. The application deadline for Erasmus+ grants for internships is at least four weeks prior to the beginning of the internship.

**INFORMATION** More information about the prerequisites, application forms, and grant amounts can be found at:  
[www.uni-hamburg.de/erasmus](http://www.uni-hamburg.de/erasmus) → Erasmus+ internships: Doing an internship abroad through Erasmus

---

**CONTACT** Nadine Stäcker  
[hochschulkoordinatorin.erasmus@verw.uni-hamburg.de](mailto:hochschulkoordinatorin.erasmus@verw.uni-hamburg.de)

---

**LANGUAGES** German/English

---





**OUR SERVICES  
FOR YOU**

# OUR SERVICES FOR YOU

## We are a large team

We hail from many different countries and cultures, and work together at PIASTA. We are tutors, volunteers, student and academic instructors, and interns!

## Our team is multilingual

We provide support in Chinese, German, English, French, Italian, Arabic, Russian, Spanish, and Turkish – and every semester there are new languages! We can inform, advise, and support you. We also organize cultural events and leisure activities, seminars and workshops, as well as welcome events at the start of every semester. We are a group of students helping students.

## Our diversity connects us

We work and act across cultures. We are curious and open. We have a common interest in promoting intercultural exchange at Universität Hamburg, working to improve students' academic and day-to-day experience, and encouraging students to experience diversity.

Check out our website to find out more about us:

[www.uni-hamburg.de/piasta/ueber-uns](http://www.uni-hamburg.de/piasta/ueber-uns)

## News

Recent program changes can be found here:

### ... in the PIASTA newsletter

Our regular newsletter contains PIASTA news as well as tips about other interesting international and intercultural events and workshops in Hamburg.

You can subscribe to the newsletter at:  
**[www.uni-hamburg.de/piasta](http://www.uni-hamburg.de/piasta)**

### ... PIASTA Facebook page

We publish announcements and photos from recent events on the PIASTA Facebook page.

**[www.facebook.com/PIASTA.Uni.Hamburg](http://www.facebook.com/PIASTA.Uni.Hamburg)**

### ... on Instagram

**[www.instagram.com/piastauhh/](http://www.instagram.com/piastauhh/)**

# CIC

Certificate Intercultural Competence  
Experience – Knowledge – Awareness



The **CERTIFICATE INTERCULTURAL COMPETENCE** is issued as part of an extracurricular program offered by Universität Hamburg. It is awarded to students and doctoral students of the University who demonstrate outstanding commitment to intercultural issues. It testifies to intercultural activity and is an additional distinction for students who might want to demonstrate that they possess intercultural soft skills, for example, when applying for jobs. Participants must complete three of four components to earn the certificate.

The **CERTIFICATE INTERCULTURAL COMPETENCE** includes mandatory intercultural training as well as international experience, intercultural involvement, language courses, and elective courses with an international perspective.

German and international students in all of the faculties of Universität Hamburg are eligible to pursue the **CERTIFICATE INTERCULTURAL COMPETENCE** for free.

**COMPONENT A • INTERCULTURAL TRAINING**

**COMPONENT B • INTERNATIONAL EXPERIENCE**

**COMPONENT C • INTERNATIONAL CAMPUS**

**COMPONENT D • INTERCULTURAL STUDIES**

Further information and registration  
[WWW.UNI-HAMBURG.DE/CIC](http://WWW.UNI-HAMBURG.DE/CIC)

## COOPERATION

### CERTIFICATE INTERCULTURAL COMPETENCE (CIC)

[www.uni-hamburg.de/cic](http://www.uni-hamburg.de/cic)

We would like to thank all of the faculties, departments, organizations, and initiatives that have supported the Certificate Intercultural Competence:

AESEE

[www.aegee.de](http://www.aegee.de)

AIESEC

[www.aiesec.de](http://www.aiesec.de)

Amnesty International – Universität Hamburg group

[www.amnesty-uni-hamburg.de](http://www.amnesty-uni-hamburg.de)

Buddy Program in the Faculty of Education

[www.ew.uni-hamburg.de/de/internationales/buddy](http://www.ew.uni-hamburg.de/de/internationales/buddy)

Buddy Program in the Faculty of Business, Economics and Social Sciences

[www.wiso.uni-hamburg.de/internationales/international-office/buddy-programm](http://www.wiso.uni-hamburg.de/internationales/international-office/buddy-programm)

Buddy Net in the Faculty of Law

[www.jura.uni-hamburg.de/internationales/studierende/buddynet](http://www.jura.uni-hamburg.de/internationales/studierende/buddynet)

Buddy Net in the Faculty of Medicine

[www.uke.de/studium-lehre/international/buddy-net](http://www.uke.de/studium-lehre/international/buddy-net)

Buddy Program in the Faculty of Mathematics, Informatics and Natural Sciences

[www.min.uni-hamburg.de/internationales/studierendenmobilitaet/buddy](http://www.min.uni-hamburg.de/internationales/studierendenmobilitaet/buddy)

Copernicus

[www.copernicus-stipendium.de](http://www.copernicus-stipendium.de)

Enactus

[www.unihamburg.enactus.de](http://www.unihamburg.enactus.de)

Arbeitsstelle Studium und Beruf (academic affairs and career office),

Department of Languages, Literature and Media I+II, Faculty of Humanities

[www.uni-hamburg.de/astub](http://www.uni-hamburg.de/astub)

Faculty of Education

[www.ew.uni-hamburg.de](http://www.ew.uni-hamburg.de)

Faculty of Mathematics, Informatics and Natural Sciences

[www.min.uni-hamburg.de](http://www.min.uni-hamburg.de)

Faculty of Psychology and Human Movement

[www.pb.uni-hamburg.de](http://www.pb.uni-hamburg.de)

Faculty of Law

[www.jura.uni-hamburg.de/internationales](http://www.jura.uni-hamburg.de/internationales)

Faculty of Business, Economics and Social Sciences – International Office

[www.wiso.uni-hamburg.de/internationales](http://www.wiso.uni-hamburg.de/internationales)

Universität Hamburg's Guest House  
[www.gaestehaus-uni-hamburg.de](http://www.gaestehaus-uni-hamburg.de)

Local representatives of the German Medical Students' Association (BVMD)  
[www.bvmd-hamburg.de](http://www.bvmd-hamburg.de)

Hamburger TheaterSprachCamp (theater and language camp for kids)  
[www.jugenderholungswerk.de/index.php?id=59](http://www.jugenderholungswerk.de/index.php?id=59)

HanseMUN  
<http://hansemun.de>

oikos – local Hamburg chapter  
<http://oikos-international.org/hamburg>

STUBE Nord  
[www.stube-nord.de](http://www.stube-nord.de)

Studies Without Borders  
[www.studieren-ohne-grenzen.org](http://www.studieren-ohne-grenzen.org)

tba\*  
[www.tbajournal.com](http://www.tbajournal.com)

UNESCO Institute for Lifelong Learning  
[www.uil.unesco.org](http://www.uil.unesco.org)

Universitätskolleg – writing center  
<https://www.universitaetskolleg.uni-hamburg.de/universitaetskolleg-2-0/schreibzentrum.html>

University Players  
[www.universityplayers.de](http://www.universityplayers.de)

Weitblick e. V. Hamburg  
[www.weitblicker.org/Stadt/Hamburg](http://www.weitblicker.org/Stadt/Hamburg)

Studierendenwerk Hamburg's Welcome Tutoring Program  
[www.studierendenwerk-hamburg.de/studierendenwerk/en/wohnen/the\\_tutor\\_welcome\\_programme](http://www.studierendenwerk-hamburg.de/studierendenwerk/en/wohnen/the_tutor_welcome_programme)

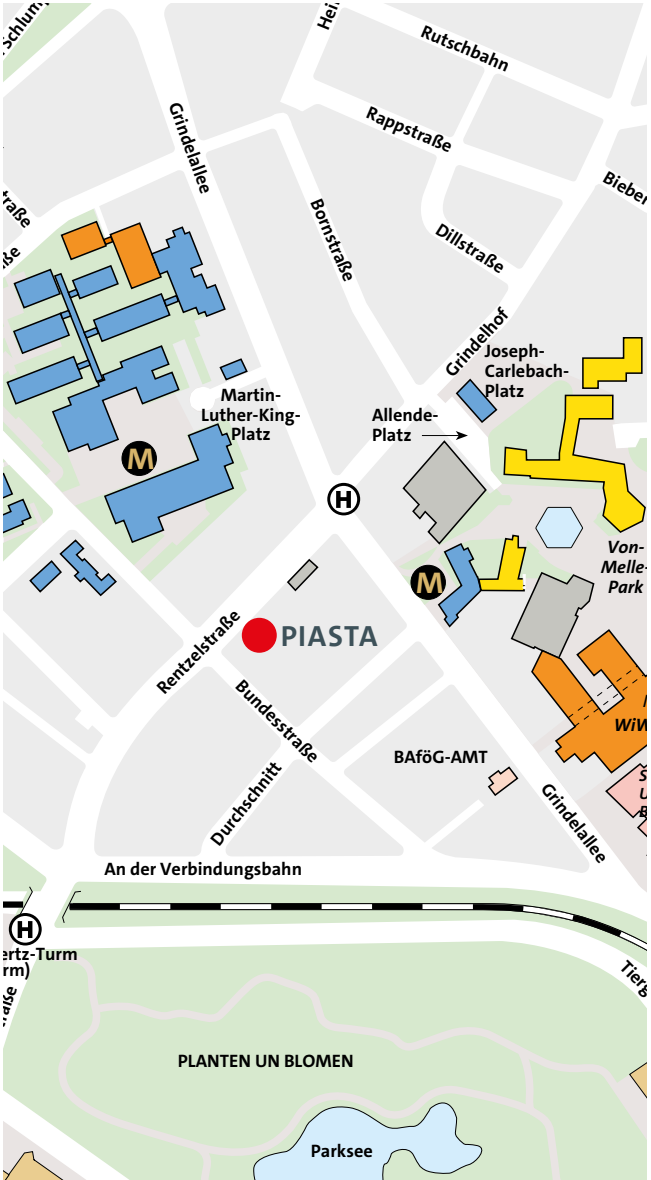


# MAP

## PIASTA

Rentzelstraße 17  
20146 Hamburg

Conference Room and Advising Room 003 on the ground floor



## LEGAL NOTICE

### EDITORS

Yuliana Botero, Ina-Lotte Dühring, Angela Hudnell, Annika Johannsen, Susanne Lott, Teresa Puig Stoltenberg, Roswitha Wörtz, Xiju Yang, and Saliha Yilmaz

### ENGLISH TRANSLATION

Kerstin Gackle

### PROOFREADING

Universität Hamburg, Universitätskolleg, Aileen Pinkert

### DESIGN

blum design und kommunikation GmbH, [www.blum-design.net](http://www.blum-design.net)

### PHOTOS

UHH/Dühring (Cover); UHH/Saint Pere (page 2); UHH/Pinkert (pages 10, 14, 46, 54, 74); Blendi Ramaj (page 20); Izabela Suszczynska (page 30), UHH/Wendt (page 82)

### FONT

TheSans UHH/LucasFonts

### PRINTED BY

University Print Service

### CIRCULATION

5,000

### YEAR

Winter Semester 2019/20

### UNIVERSITÄT HAMBURG

Universitätskolleg | Department of International Affairs

### PIASTA

International Program for Students and Alumni  
Rentzelstraße 17, 20146 Hamburg

